



CityMed nurses (left to right)
Flora, Lee & Phoebe

CityMed planning ahead for post-CRL city growth

CityMed Medical Centre at 8 Albert St is a modern primary healthcare facility that's been serving CBD workers, residents and visitors for 16 years.

It's something of a one-stop-shop, offering a large range of integrated health services, including acute and preventative medical care, radiology, physiotherapy, lab services, mole-mapping, hand therapy, audiology, day surgery and a pharmacy. It boasts 11 doctors and nine supporting medical staff, as well as a consulting orthopaedic surgeon.

The majority of CityMed's clients are workers who find it easier to see a city-based doctor. However, with its close proximity to city apartments, hotels and universities, the centre attracts a large number of residents, travellers and students as well. CityMed also works with many local businesses to provide employee health checks, vaccinations and treatment for workplace accidents.

Practice manager Cerys Lang says that the CBD has changed considerably since she joined CityMed as a junior nurse in 2001.

"I've seen huge changes downtown, particularly in the volume of people that are attracted to the area.

We have a central transport hub at our feet and many cruise ships coming in," she says. "But the CRL is going to be a game changer. Albert St is going to become the main route for transport and pedestrians in the central city, which will be great."

Coinciding with the CRL construction works underway outside its premises, CityMed will shortly be starting internal renovations to expand its practice, with a view to taking on more medical staff.

"There's an increasing demand for the medical services we offer – and we expect this to rise further once the CRL is built, so we're making sure we're equipped to cope with that demand into the future."

Japanese
もし、このファクトシートを理解する必要がある場合は、下記のメール経由で我々にご連絡ください。

Russian
Если Вам необходима помощь в разъяснении содержимого в данном бюллетене, просим адресовать Ваши вопросы на нижеуказанную электронную почту.

Simplified Chinese
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Korean
본 자료표에 관한 더 많은 정보를 원하시면 하단의 이메일 주소로 연락 주시기 바랍니다.

Arabic
ماندا ینورثاقل الال دیربالا ناوانع ربع انب لاصشالا یچری «قرشئلا اذه مہف یف تدعاسم ىلا ءاجاب تنك اذا





A peek behind the hoardings

If you've wondered what's going on behind the colourful City Rail Link hoardings at the corners of Victoria and Wellesley Streets, here's a peek.

About 20 workers at each site are preparing the way for tunnelling equipment that will jack a new stormwater pipe below Albert Street. It's a long way down behind the hoardings and keeping people safe is a key focus of the job.

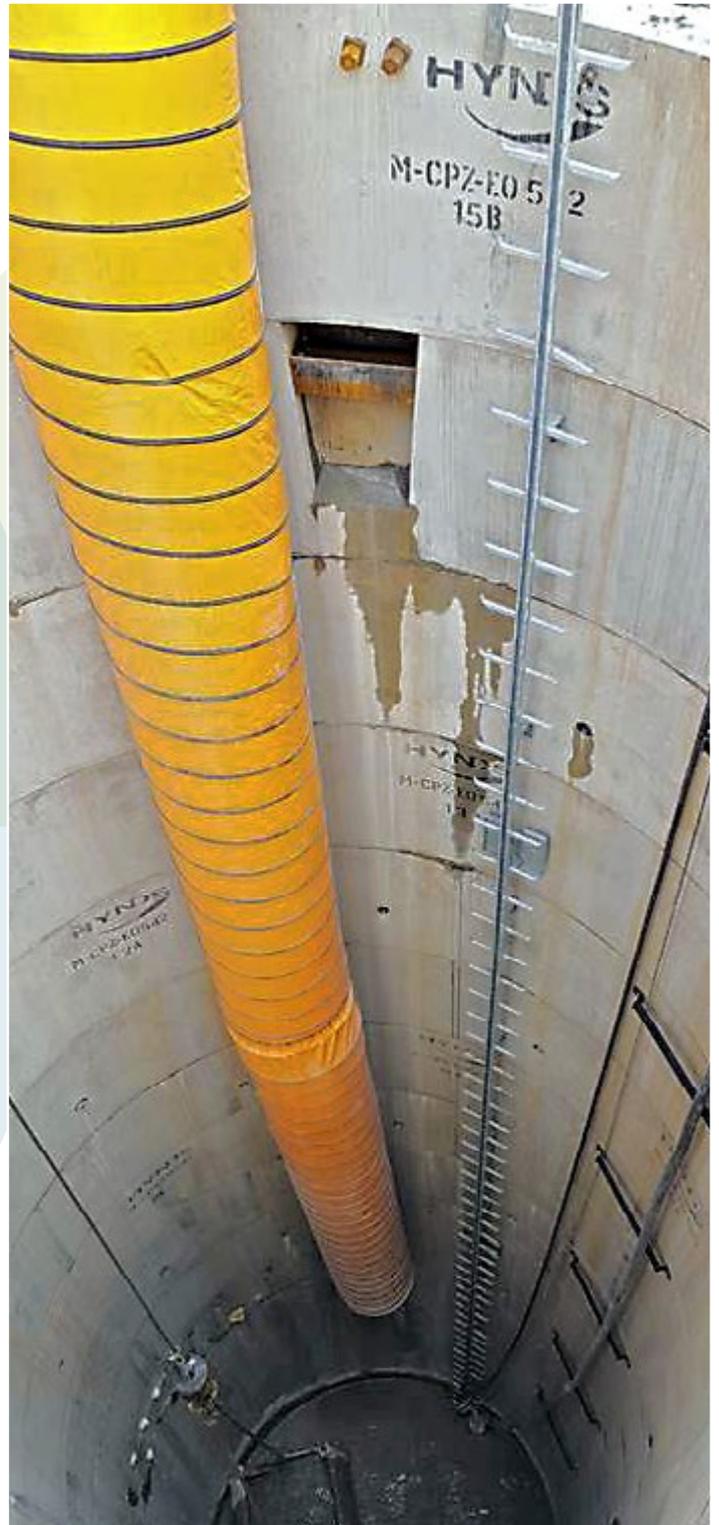
With shafts up to 18m deep, fresh air is supplied to the bottom with air quality detection at the intake to ensure that the shaft is not drawing in gases that would harm workers. There are also air quality detection devices at the bottom of the shafts to test air quality at the workface.

Each worker is trained in working in confined spaces and they each carry equipment that provides them with 30 minutes air supply should an emergency arise.

The workers have harnesses that they hook to the ladders which incorporate a full braking system and pop-out rest points.



Victoria Street launch shaft for the micro-tunnelling equipment.



The receiving shaft in Wellesley Street.



'Gomer' to start piling work on Albert Street

Gomer, the nine-storey-high piling rig (affectionately named after comical 1960s TV character, Gomer Pyle), has made good progress at the Albert and Customs Street intersection and is expected to start making his way up Albert Street from next week.

Due to the busy central city location of the works, the worksite is complex. Gomer's 11m x 5.5m footprint means he takes up most of the width of the road when he turns around! With Fletcher Building's demolition of the old Downtown Shopping Centre happening alongside Gomer's piling work, Custom Street's capacity has been squeezed for buses and all other traffic.

However, Gomer has already dug more than 17 piles of up to 20 metres in depth, which have been filled with reinforcing cages and concrete, and he will have completed 362 piles in total when he reaches his final destination, 20 metres past Wynyard Street.

Gomer's good progress means we are on track to start digging the 350-metre cut and cover tunnels up Albert Street in the first quarter of 2017.

[Check out the time-lapse video of the works](#)



Gomer lifting a 20m reinforcing cage



A piling reinforcing cage



Britomart Station area works



The external plaza area is progressing well, with the old pavement removed to allow for construction of the two new staff accommodation buildings and the main 'glasshouse' canopy that will become the new temporary access to Britomart Station from early 2017.

The structural steel works for the canopy are progressing quickly, with the first bay of trusses completed. The canopy is expected to be completed by the end of November and the new station entrance opened to the public at the end of the year.

The plaza water feature has been overlaid with a concrete pre-cast cover to protect the glass for the next few years while the temporary entrance is in use.

[Check out the time-lapse video of the works](#)

Behind the hoardings at the platform and mezzanine levels, the steel tree sculptures, bluestone walls and station gardens have been removed and the gardens cleared. The concrete floor areas are also being removed to prepare for construction of new temporary stairs, which will provide public access to the lower station levels when the Chief Post Office (CPO) building is closed for construction works early next year.

Upstairs in the CPO, a 14-tonne crane has placed new bridge beams on either side of the existing glasshouse bridge to widen it.

Public access to the lifts remains open during these works.



Structural steel trusses for new temporary glasshouse. Bay 1 complete.



New bridge beams being placed as part of the glasshouse bridge widening works.

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