



Assessment rubric

Student Name: _____

Date: _____

Learning outcome Student:	Assessment material	Achievement measure Student:	Rating
Set individual goals for active travel journeys to and from school and worked hard to achieve them.	Lesson 2 Activity sheet 2.1 My travel goal and travel log	Set weekly and term-long goals and achieved them.	Great
		Set weekly and term-long goals and got very close to achieving them.	Satisfactory
		Set weekly and term-long goals and did not get close to achieving them.	Needs practice
Can accurately record their heart rate on a bar graph and interpret the information.	Lesson 4 Activity sheet 4.1 Your heart	Interpreted their bar graph to accurately answer the 9 questions .	7 or more = great 5-7 = satisfactory 1-4 = needs practice
Understands how an urban community can become a healthy and happy place to live.	Lesson 6 Activity sheet 6.2 Make a clean, green community	Created a drawing showing changes to the urban scene which could result in a cleaner, greener environment.	5 or more = great 4 = satisfactory 1-3 = needs practice
Used a range of techniques to read out loud to younger children to create meaning and effect and engage the audience.	Lesson 9 Activity sheet 9.1 Make a booklet and share your knowledge	Confidently read the book out loud with a clear voice, used appropriate expression and involved the audience using a variety of techniques.	Great
		Read most of the book out loud with a clear voice, used some expression and sometimes involved the audience.	Satisfactory
		Read the book out loud to an audience.	Needs practice

Learning outcome Student:	LESSON 10 Summative Quiz	Achievement measure Student:	Rating
Understands the meaning of active travel.	Question 1	Named a number of active modes of travel.	3 = great 2 = satisfactory 0-1 = needs practice
Can identify risky behaviours and areas of potential risk and knows how to manage these risks to stay safe when travelling to and from school.	Question 3	Chose the correct missing words to complete the safety message.	7 or more = great 5-6 = satisfactory 0-4 = needs practice
Understands how active travel benefits mental health/wellbeing.	Question 4	Identified the benefits of active travel for mental health/wellbeing.	4 = great 3 = satisfactory 0-2 = needs practice
Understands how active travel benefits physical health/wellbeing.	Question 5	Identified the benefits of active travel for physical health/wellbeing.	4 = great 3 = satisfactory 0-2 = needs practice
Understands how active travel benefits the environment.	Question 6	Identified the benefits of active travel on the environment.	4 = great 3 = satisfactory 0-2 = needs practice
Can identify the muscle groups used when walking, cycling and scootering.	Question 9	Named and accurately located the major muscle groups used when walking, cycling and scootering.	4 = great 3 = satisfactory 2 = needs practice