

Customer service centres

Our friendly staff at the following locations are able to help you with all your questions:

- Karanga-a-Hape Station
- New Lynn Station
- Newmarket Station
- Maungawhau Station
- Panmure Station
- Papakura Station
- Puhinui Station
- Te Waihorotiu Station
- Waitemata Station

Plan your journey

Visit at.govt.nz/journeyplanner or download the **AT Mobile app**. Scan the code or call us at **09 366 6400** or **0800 103 080**.

Or visit nzrelay.co.nz



Get in touch

General customer enquiries

(09) 366 6400

6am to 8pm, Monday to Friday

8am to 6:30pm, weekends and public holidays

In an emergency, always dial 111

Lost property

(09) 969 7777

lostproperty@aucklandonrail.co.nz

9am to 5pm, Monday to Friday

Closed on weekends and public holidays

East West

Train timetable guide



***Disclaimer:** The information in this brochure is true at the time of publication, but is subject to change without notice. All travel is subject to the respective Operator's Condition of Carriage. For clarification on all issues, please contact Auckland Transport.



Effective once Te Waihorotiu, Karanga-a-Hape and Maungawhau Stations have opened



Getting around the city with the AT network

Everything you need to know to travel across Auckland by train, bus and ferry.

Paying for trains, buses and most ferries

Just 'tag on' when you board and 'tag off' when you exit, using an AT HOP card, or by contactless payment like:

- Debit or credit cards: Visa, Mastercard, American Express, and UnionPay
- Mobile wallets: Apple Pay, Google Pay, and Samsung Pay

Always use the same card or smart device to tag on and off so that you're charged the correct fare. Separate your cards when you tag so the reader scans the right one.

You can always purchase a single-use train ticket from a customer service centre or ticket machine at train stations.

Cash and EFTPOS are not accepted on buses.

For exact fares, use the **AT Mobile app** or visit at.govt.nz/journeyplanner.

Accessible travel

All trains have automatic ramps for seamless transition between platform and train. Use the middle carriage of 3-car trains or the second and fifth carriage of 6-car trains.

For more, visit at.govt.nz/trainaccessibility

Assistance dogs

Assistance dogs which are trained (or are in training) to assist a person with a disability may travel on all services at all times without a muzzle.

For more, visit at.govt.nz/disabilityassistdogs

Bicycles on trains

Bikes can be taken on trains if there is enough space for them. Avoid travelling with them during peak hours. Staff will advise you if bikes are permitted at a given time.

Use the middle carriage of 3-car trains or the second and fifth carriage of 6-car trains. Please wait for people with accessibility needs to board first.

For more, visit at.govt.nz/bikesonpt

Pets on public transport

During pet travel times, small pets are welcome in approved pet carriers. Larger dogs must be kept on a leash and be wearing an approved muzzle.

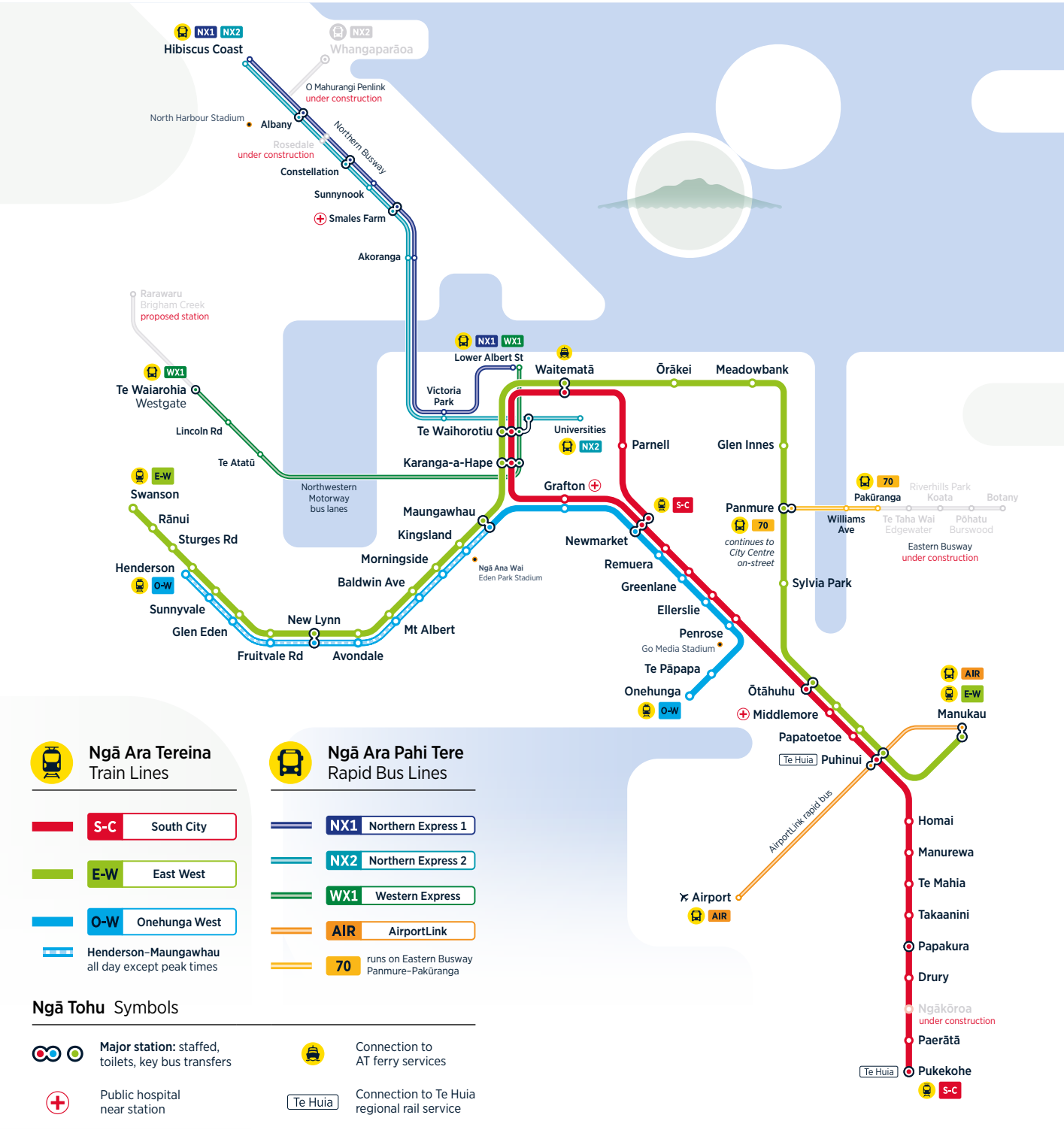
For more, visit at.govt.nz/pets



Welcome to Auckland’s train network

Rapid transit is a key part of expanding Auckland’s public transport network. Our rapid transit routes offer fast, reliable travel by train or bus on dedicated corridors separated from general traffic, connecting with ferries and local buses to get you where you need to go.

Auckland’s train network consists of three main lines: East West, South City, and Onehunga West that connect 44 stations, making it easier to get around, reduce travel times, improve access to the city centre and unlock direct journeys across Auckland.



E-W East West

EVERY

15

MINUTES

All day

5:00am to 8:00pm

The East West line travels from Swanson in the west to Manukau in the east, passing through the city centre. The line links to other services along the way, giving you more transport options to reach a range of destinations right across Tāmaki Makaurau.

Runs later on Fridays and Saturdays

Waitemātā

Disembark here for Te Komititanga and Queen Street, catch a ferry to the islands from Downtown Ferry Terminal, or simply enjoy Te Wānanga and the Auckland waterfront.

Te Waihorotiu

Head to the Sky Tower, attend an event at the Aotea Centre, see a show at The Civic or an exhibition at the Auckland Art Gallery. Travelling across the bridge? You can catch buses to the North Shore from here too.

Karanga-a-Hape

Head out here for shopping, dining and entertainment along Karangahape Road. You can catch buses to Westgate from here or connect to the South City line. Heading to the airport? Transfer here to the South City line to travel to Puhinui Station where you can catch an AirportLink bus.

Major Venues

For Spark Arena, exit at Waitemātā Station. For Eden Park, exit at Kingsland Station. Walk, bike or use connecting services for Go Media Stadium (exit at Penrose Station).

Weekday 5:00am to 10:15am

City Centre	↓	Swanson	-	-	-	5:08	-	5:23	5:38	-	5:53	6:08	6:13	6:23	-	6:38	6:43	6:53	-	7:08	7:13	7:23	-	7:38	7:43	7:53	-	8:08	8:23	8:38	8:53
		Rānui	-	-	-	5:11	-	5:26	5:41	-	5:56	6:11	6:16	6:26	-	6:41	6:46	6:56	-	7:11	7:16	7:26	-	7:41	7:46	7:56	-	8:11	8:26	8:41	8:56
		Sturges Rd	-	-	-	5:14	-	5:29	5:44	-	5:59	6:14	6:19	6:29	-	6:44	6:49	6:59	-	7:14	7:19	7:29	-	7:44	7:49	7:59	-	8:14	8:29	8:44	8:59
		Henderson	-	-	5:01	5:16	-	5:31	5:46	-	6:01	6:16	6:21	6:31	-	6:46	6:51	7:01	-	7:16	7:21	7:31	-	7:46	7:51	8:01	-	8:16	8:31	8:46	9:01
		Sunnyvale	-	-	5:04	5:19	-	5:34	5:49	-	6:04	6:19	6:24	6:34	-	6:49	6:54	7:04	-	7:19	7:24	7:34	-	7:49	7:54	8:04	-	8:19	8:34	8:49	9:04
		Glen Eden	-	-	5:07	5:22	-	5:37	5:52	-	6:07	6:22	6:27	6:37	-	6:52	6:57	7:07	-	7:22	7:27	7:37	-	7:52	7:57	8:07	-	8:22	8:37	8:52	9:07
		Fruitvale Rd	-	-	5:10	5:25	-	5:40	5:55	-	6:10	6:25	6:30	6:40	-	6:55	7:00	7:10	-	7:25	7:30	7:40	-	7:55	8:00	8:10	-	8:25	8:40	8:55	9:10
		New Lynn	-	-	5:13	5:28	-	5:43	5:58	-	6:13	6:28	6:34	6:43	-	6:58	7:04	7:13	-	7:28	7:34	7:43	-	7:58	8:04	8:13	-	8:28	8:43	8:58	9:13
		Avondale	-	-	5:17	5:32	-	5:47	6:02	-	6:17	6:32	6:38	6:47	-	7:02	7:08	7:17	-	7:32	7:38	7:47	-	8:02	8:08	8:17	-	8:32	8:47	9:02	9:17
		Mt Albert	-	-	5:20	5:35	-	5:50	6:05	-	6:20	6:35	6:41	6:50	-	7:05	7:11	7:20	-	7:35	7:41	7:50	-	8:05	8:11	8:20	-	8:35	8:50	9:05	9:20
		Baldwin Ave	-	-	5:22	5:37	-	5:52	6:07	-	6:22	6:37	6:43	6:52	-	7:07	7:13	7:22	-	7:37	7:43	7:52	-	8:07	8:13	8:22	-	8:37	8:52	9:07	9:22
		Morningside	-	-	5:25	5:40	-	5:55	6:10	-	6:25	6:40	6:46	6:55	-	7:10	7:16	7:25	-	7:40	7:46	7:55	-	8:10	8:16	8:25	-	8:40	8:55	9:10	9:25
		Kingsland	-	-	5:28	5:43	-	5:58	6:13	-	6:28	6:43	6:49	6:58	7:04	7:13	7:19	7:28	7:34	7:43	7:49	7:58	8:04	8:13	8:19	8:28	8:34	8:43	8:58	9:13	9:28
		Maungawhau	-	-	5:31	5:46	-	6:01	6:16	-	6:31	6:46	6:52	7:01	7:07	7:16	7:22	7:31	7:37	7:46	7:52	8:01	8:07	8:16	8:22	8:31	8:37	8:46	9:01	9:16	9:31
		Karanga-a-Hape	-	-	5:34	5:49	-	6:04	6:19	-	6:34	6:49	6:55	7:04	7:10	7:19	7:25	7:34	7:40	7:49	7:55	8:04	8:10	8:19	8:25	8:34	8:40	8:49	9:04	9:19	9:34
		Te Waihorotiu	-	-	5:37	5:52	-	6:07	6:22	-	6:37	6:52	6:58	7:07	7:13	7:22	7:28	7:37	7:43	7:52	7:58	8:07	8:13	8:22	8:28	8:37	8:43	8:52	9:07	9:22	9:37
		Waitematā	5:25	-	5:40	5:55	-	6:10	6:25	-	6:40	6:55	7:01	7:10	7:16	7:25	7:31	7:40	7:46	7:55	8:01	8:10	8:16	8:25	8:31	8:40	8:46	8:55	9:10	9:25	9:40
		Ōrākei	5:31	-	5:46	6:01	-	6:16	6:31	-	6:46	7:01	7:07	7:16	7:22	7:31	7:37	7:46	7:52	8:01	8:07	8:16	8:22	8:31	8:37	8:46	8:52	9:01	9:16	9:31	9:46
		Meadowbank	5:34	-	5:49	6:04	-	6:19	6:34	-	6:49	7:04	7:10	7:19	7:25	7:34	7:40	7:49	7:55	8:04	8:10	8:19	8:25	8:34	8:40	8:49	8:55	9:04	9:19	9:34	9:49
		Glen Innes	5:39	-	5:54	6:09	-	6:24	6:39	-	6:54	7:09	7:16	7:24	7:30	7:39	7:46	7:54	8:00	8:09	8:16	8:24	8:30	8:39	8:46	8:54	9:00	9:09	9:24	9:39	9:54
		Panmure	5:41	-	5:56	6:11	-	6:26	6:41	-	6:56	7:11	7:19	7:26	7:32	7:41	7:49	7:56	8:02	8:11	8:19	8:26	8:32	8:41	8:49	8:56	9:02	9:11	9:26	9:41	9:56
		Sylvia Park	5:44	-	5:59	6:14	-	6:29	6:44	-	6:59	7:14	7:23	7:29	7:35	7:44	7:53	7:59	8:05	8:14	8:23	8:29	8:35	8:44	8:53	8:59	9:05	9:14	9:29	9:44	9:59
		Ōtāhuhu	5:50	5:59	6:05	6:20	6:29	6:35	6:50	6:59	7:05	7:20	7:29	7:35	-	7:50	7:59	8:05	-	8:20	8:29	8:35	-	8:50	8:59	9:05	-	9:20	9:35	9:50	10:05
		Middlemore	5:52	6:01	6:07	6:22	6:31	6:37	6:52	7:01	7:07	7:22	7:31	7:37	-	7:52	8:01	8:07	-	8:22	8:31	8:37	-	8:52	9:01	9:07	-	9:22	9:37	9:52	10:07
		Papatoetoe	5:55	6:04	6:10	6:25	6:34	6:40	6:55	7:04	7:10	7:25	7:34	7:40	-	7:55	8:04	8:10	-	8:25	8:34	8:40	-	8:55	9:04	9:10	-	9:25	9:40	9:55	10:10
		Puhinui 	5:57	6:06	6:12	6:27	6:36	6:42	6:57	7:06	7:12	7:27	7:36	7:42	-	7:57	8:06	8:12	-	8:27	8:36	8:42	-	8:57	9:06	9:12	-	9:27	9:42	9:57	10:12
		Manukau	6:06	6:15	6:21	6:36	6:45	6:51	7:06	7:15	7:21	7:36	7:45	7:51	-	8:06	8:15	8:21	-	8:36	8:45	8:51	-	9:06	9:15	9:21	-	9:36	9:51	10:06	10:21

Weekday service frequencies



All day
5:15am to 8pm

During the day, the East West line averages at least one service every 15 minutes. At peak times there are more frequent services that bring the average wait time between trains down to seven minutes. This provides more flexibility commuting to school or work.



All evening
8pm to 12am

Past 8pm, weekday trains towards Manukau are reduced in frequency to one train every 30 minutes. On Fridays and Saturdays, we’ve got you covered for late night events with extra trains running later.

Airport connection



All week
4:30am to 12:40am

You can travel to Puhinui Station on the East West line or the South City line. At Puhinui Station, connect to the AirportLink bus, operating every 10 minutes from 4:30am to 12:40am, 7 days a week.

Weekday 9:00am to 6:15pm

City Centre	↓	Swanson	9:08	9:23	9:38	9:53	10:08	10:23	10:38	10:53	11:08	11:23	11:38	11:53	12:08	12:23	12:38	12:53	13:08	13:23	13:38	-	13:53	14:08	-	14:23	14:38	-	14:53	15:08	15:13	15:23	-	15:38	15:43	15:53	-	16:08	16:13	16:23	-	16:38	16:43
		Rānui	9:11	9:26	9:41	9:56	10:11	10:26	10:41	10:56	11:11	11:26	11:41	11:56	12:11	12:26	12:41	12:56	13:11	13:26	13:41	-	13:56	14:11	-	14:26	14:41	-	14:56	15:11	15:16	15:26	-	15:41	15:46	15:56	-	16:11	16:16	16:26	-	16:41	16:46
		Sturges Rd	9:14	9:29	9:44	9:59	10:14	10:29	10:44	10:59	11:14	11:29	11:44	11:59	12:14	12:29	12:44	12:59	13:14	13:29	13:44	-	13:59	14:14	-	14:29	14:44	-	14:59	15:14	15:19	15:29	-	15:44	15:49	15:59	-	16:14	16:19	16:29	-	16:44	16:49
		Henderson	9:16	9:31	9:46	10:01	10:16	10:31	10:46	11:01	11:16	11:31	11:46	12:01	12:16	12:31	12:46	13:01	13:16	13:31	13:46	-	14:01	14:16	-	14:31	14:46	-	15:01	15:16	15:21	15:31	-	15:46	15:51	16:01	-	16:16	16:21	16:31	-	16:46	16:51
		Sunnyvale	9:19	9:34	9:49	10:04	10:19	10:34	10:49	11:04	11:19	11:34	11:49	12:04	12:19	12:34	12:49	13:04	13:19	13:34	13:49	-	14:04	14:19	-	14:34	14:49	-	15:04	15:19	15:24	15:34	-	15:49	15:54	16:04	-	16:19	16:24	16:34	-	16:49	16:54
		Glen Eden	9:22	9:37	9:52	10:07	10:22	10:37	10:52	11:07	11:22	11:37	11:52	12:07	12:22	12:37	12:52	13:07	13:22	13:37	13:52	-	14:07	14:22	-	14:37	14:52	-	15:07	15:22	15:27	15:37	-	15:52	15:57	16:07	-	16:22	16:27	16:37	-	16:52	16:57
		Fruitvale Rd	9:25	9:40	9:55	10:10	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:25	12:40	12:55	13:10	13:25	13:40	13:55	-	14:10	14:25	-	14:40	14:55	-	15:10	15:25	15:30	15:40	-	15:55	16:00	16:10	-	16:25	16:30	16:40	-	16:55	17:00
		New Lynn	9:28	9:43	9:58	10:13	10:28	10:43	10:58	11:13	11:28	11:43	11:58	12:13	12:28	12:43	12:58	13:13	13:28	13:43	13:58	-	14:13	14:28	-	14:43	14:58	-	15:13	15:28	15:34	15:43	-	15:58	16:04	16:13	-	16:28	16:34	16:43	-	16:58	17:04
		Avondale	9:32	9:47	10:02	10:17	10:32	10:47	11:02	11:17	11:32	11:47	12:02	12:17	12:32	12:47	13:02	13:17	13:32	13:47	14:02	-	14:17	14:32	-	14:47	15:02	-	15:17	15:32	15:38	15:47	-	16:02	16:08	16:17	-	16:32	16:38	16:47	-	17:02	17:08
		Mt Albert	9:35	9:50	10:05	10:20	10:35	10:50	11:05	11:20	11:35	11:50	12:05	12:20	12:35	12:50	13:05	13:20	13:35	13:50	14:05	-	14:20	14:35	-	14:50	15:05	-	15:20	15:35	15:41	15:50	-	16:05	16:11	16:20	-	16:35	16:41	16:50	-	17:05	17:11
		Baldwin Ave	9:37	9:52	10:07	10:22	10:37	10:52	11:07	11:22	11:37	11:52	12:07	12:22	12:37	12:52	13:07	13:22	13:37	13:52	14:07	-	14:22	14:37	-	14:52	15:07	-	15:22	15:37	15:43	15:52	-	16:07	16:13	16:22	-	16:37	16:43	16:52	-	17:07	17:13
		Morningside	9:40	9:55	10:10	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:25	12:40	12:55	13:10	13:25	13:40	13:55	14:10	-	14:25	14:40	-	14:55	15:10	-	15:25	15:40	15:46	15:55	-	16:10	16:16	16:25	-	16:40	16:46	16:55	-	17:10	17:16
		Kingsland	9:43	9:58	10:13	10:28	10:43	10:58	11:13	11:28	11:43	11:58	12:13	12:28	12:43	12:58	13:13	13:28	13:43	13:58	14:13	-	14:28	14:43	-	14:58	15:13	-	15:28	15:43	15:49	15:58	16:04	16:13	16:19	16:28	16:34	16:43	16:49	16:58	17:04	17:13	17:19
		Maungawhau	9:46	10:01	10:16	10:31	10:46	11:01	11:16	11:31	11:46	12:01	12:16	12:31	12:46	13:01	13:16	13:31	13:46	14:01	14:16	-	14:31	14:46	-	15:01	15:16	-	15:31	15:46	15:52	16:01	16:07	16:16	16:22	16:31	16:37	16:46	16:52	17:01	17:07	17:16	17:22
		Karanga-a-Hape	9:49	10:04	10:19	10:34	10:49	11:04	11:19	11:34	11:49	12:04	12:19	12:34	12:49	13:04	13:19	13:34	13:49	14:04	14:19	-	14:34	14:49	-	15:04	15:19	-	15:34	15:49	15:55	16:04	16:10	16:19	16:25	16:34	16:40	16:49	16:55	17:04	17:10	17:19	17:25
		Te Waihorotiu	9:52	10:07	10:22	10:37	10:52	11:07	11:22	11:37	11:52	12:07	12:22	12:37	12:52	13:07	13:22	13:37	13:52	14:07	14:22	-	14:37	14:52	-	15:07	15:22	-	15:37	15:52	15:58	16:07	16:13	16:22	16:28	16:37	16:43	16:52	16:58	17:07	17:13	17:22	17:28
		Waitematā	9:55	10:10	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:25	12:40	12:55	13:10	13:25	13:40	13:55	14:10	14:25	-	14:40	14:55	-	15:10	15:25	15:31	15:40	15:55	16:01	16:10	16:16	16:25	16:31	16:40	16:46	16:55	17:01	17:10	17:16	17:25	17:31
		Ōrākei	10:01	10:16	10:31	10:46	11:01	11:16	11:31	11:46	12:01	12:16	12:31	12:46	13:01	13:16	13:31	13:46	14:01	14:16	14:31	-	14:46	15:01	-	15:16	15:31	15:37	15:46	16:01	16:07	16:16	16:22	16:31	16:37	16:46	16:52	17:01	17:07	17:16	17:22	17:31	17:37
		Meadowbank	10:04	10:19	10:34	10:49	11:04	11:19	11:34	11:49	12:04	12:19	12:34	12:49	13:04	13:19	13:34	13:49	14:04	14:19	14:34	-	14:49	15:04	-	15:19	15:34	15:40	15:49	16:04	16:10	16:19	16:25	16:34	16:40	16:49	16:55	17:04	17:10	17:19	17:25	17:34	17:40
		Glen Innes	10:09	10:24	10:39	10:54	11:09	11:24	11:39	11:54	12:09	12:24	12:39	12:54	13:09	13:24	13:39	13:54	14:09	14:24	14:39	-	14:54	15:09	-	15:24	15:39	15:46	15:54	16:09	16:16	16:24	16:30	16:39	16:46	16:54	17:00	17:09	17:16	17:24	17:30	17:39	17:46
		Panmure	10:11	10:26	10:41	10:56	11:11	11:26	11:41	11:56	12:11	12:26	12:41	12:56	13:11	13:26	13:41	13:56	14:11	14:26	14:41	-	14:56	15:11	-	15:26	15:41	15:49	15:56	16:11	16:19	16:26	16:32	16:41	16:49	16:56	17:02	17:11	17:19	17:26	17:32	17:41	17:49
		Sylvia Park	10:14	10:29	10:44	10:59	11:14	11:29	11:44	11:59	12:14	12:29	12:44	12:59	13:14	13:29	13:44	13:59	14:14	14:29	14:44	-	14:59	15:14	-	15:29	15:44	15:53	15:59	16:14	16:23	16:29	16:35	16:44	16:53	16:59	17:05	17:14	17:23	17:29	17:35	17:44	17:53
		Ōtāhuhu	10:20	10:35	10:50	11:05	11:20	11:35	11:50	12:05	12:20	12:35	12:50	13:05	13:20	13:35	13:50	14:05	14:20	14:35	14:50	14:59	15:05	15:20	15:29	15:35	15:50	15:59	16:05	16:20	16:29	16:35	-	16:50	16:59	17:05	-	17:20	17:29	17:35	-	17:50	17:59
		Middlemore	10:22	10:37	10:52	11:07	11:22	11:37	11:52	12:07	12:22	12:37	12:52	13:07	13:22	13:37	13:52	14:07	14:22	14:37	14:52	15:01	15:07	15:22	15:31	15:37	15:52	16:01	16:07	16:22	16:31	16:37	-	16:52	17:01	17:07	-	17:22	17:31	17:37	-	17:52	18:01
		Papatoetoe	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:25	12:40	12:55	13:10	13:25	13:40	13:55	14:10	14:25	14:40	14:55	15:04	15:10	15:25	15:34	15:40	15:55	16:04	16:10	16:25	16:34	16:40	-	16:55	17:04	17:10	-	17:25	17:34	17:40	-	17:55	18:04
		Puhinui 	10:27	10:42	10:57	11:12	11:27	11:42	11:57	12:12	12:27	12:42	12:57	13:12	13:27	13:42	13:57	14:12	14:27	14:42	14:57	15:06	15:12	15:27	15:36	15:42	15:57	16:06	16:12	16:27	16:36	16:42	-	16:57	17:06	17:12	-	17:27	17:36	17:42	-	17:57	18:06
		Manukau	10:36	10:51	11:06	11:21	11:36	11:51	12:06	12:21	12:36	12:51	13:06	13:21	13:36	13:51	14:06	14:21	14:36	14:51	15:06	15:15	15:21	15:36	15:45	15:51	16:06	16:15	16:21	16:36	16:45	16:51	-	17:06	17:15	17:21	-	17:36	17:45	17:51	-	18:06	18:15

Weekday 4:45pm to 1:45am

Weekday service frequencies



All day
5:15am to 8pm

During the day, the East West line averages at least one service every 15 minutes. At peak times there are more frequent services that bring the average wait time between trains down to seven minutes. This provides more flexibility commuting to school or work.



All evening
8pm to 12am

Past 8pm, weekday trains towards Manukau are reduced in frequency to one train every 30 minutes. On Fridays and Saturdays, we’ve got you covered for late night events with extra trains running later.

Airport connection



All week
4:30am to 12:40am

You can travel to Puhinui Station on the East West line or the South City line. At Puhinui Station, connect to the AirportLink bus, operating every 10 minutes from 4:30am to 12:40am, 7 days a week.

Weekend 5:15am to 1:45am

Weekend service frequencies



All day
6am to 7:30pm

During the day, the East West line averages at least one service every 15 minutes.



All evening
7:30pm to 12am

Past 7:30pm, weekend trains towards Manukau are reduced in frequency to one train every 30 minutes.

On Fridays and Saturdays, we’ve got you covered for late night events with extra trains running later.

Airport connection



All week
4:30am to 12:40am

You can travel to Puhinui Station on the East West line or the South City line.
At Puhinui Station, connect to the AirportLink bus, operating every 10 minutes from 4:30am to 12:40am, 7 days a week.

Towards Swanson 1 of 4

Weekday 5:00am to 10:30am

City Centre	↓	Manukau	-	-	5:18	5:33	5:48	5:58	6:03	6:18	6:28	6:33	-	6:48	6:58	7:03	-	7:18	7:28	7:33	-	7:48	7:58	8:03	-	8:18	8:28	8:33	8:48	8:58	9:03
		Puhinui	-	5:08	5:23	5:38	5:53	6:03	6:08	6:23	6:33	6:38	-	6:53	7:03	7:08	-	7:23	7:33	7:38	-	7:53	8:03	8:08	-	8:23	8:33	8:38	8:53	9:03	9:08
		Papatoetoe	-	5:10	5:25	5:40	5:55	6:05	6:10	6:25	6:35	6:40	-	6:55	7:05	7:10	-	7:25	7:35	7:40	-	7:55	8:05	8:10	-	8:25	8:35	8:40	8:55	9:05	9:10
		Middlemore	-	5:13	5:28	5:43	5:58	6:08	6:13	6:28	6:38	6:43	-	6:58	7:08	7:13	-	7:28	7:38	7:43	-	7:58	8:08	8:13	-	8:28	8:38	8:43	8:58	9:08	9:13
		Ōtāhuhu	-	5:16	5:31	5:46	6:01	6:11	6:16	6:31	6:41	6:46	-	7:01	7:11	7:16	-	7:31	7:41	7:46	-	8:01	8:11	8:16	-	8:31	8:41	8:46	9:01	9:10	9:16
		Sylvia Park	-	5:22	5:37	5:52	6:07	6:17	6:22	6:37	6:47	6:52	6:58	7:07	7:17	7:22	7:28	7:37	7:47	7:52	7:58	8:07	8:17	8:22	8:28	8:37	8:47	8:52	9:07	-	9:22
		Panmure	-	5:25	5:40	5:55	6:10	6:20	6:25	6:40	6:50	6:55	7:01	7:10	7:20	7:25	7:31	7:40	7:50	7:55	8:01	8:10	8:20	8:25	8:31	8:40	8:50	8:55	9:10	-	9:25
		Glen Innes	-	5:27	5:42	5:57	6:12	6:22	6:27	6:42	6:52	6:57	7:04	7:12	7:22	7:27	7:34	7:42	7:52	7:57	8:04	8:12	8:22	8:27	8:34	8:42	8:52	8:57	9:12	-	9:27
		Meadowbank	-	5:32	5:47	6:02	6:17	6:27	6:32	6:47	6:57	7:02	7:09	7:17	7:27	7:32	7:39	7:47	7:57	8:02	8:09	8:17	8:27	8:32	8:39	8:47	8:57	9:02	9:17	-	9:32
		Ōrākei	-	5:34	5:49	6:04	6:19	6:29	6:34	6:49	6:59	7:04	7:11	7:19	7:29	7:34	7:41	7:49	7:59	8:04	8:11	8:19	8:29	8:34	8:41	8:49	8:59	9:04	9:19	-	9:34
		Waitematā	5:27	5:42	5:57	6:12	6:27	6:36	6:42	6:57	7:06	7:12	7:18	7:27	7:36	7:42	7:48	7:57	8:06	8:12	8:18	8:27	8:36	8:42	8:48	8:57	9:05	9:12	9:27	-	9:42
		Te Waihorotiu	5:30	5:45	6:00	6:15	6:30	6:39	6:45	7:00	7:09	7:15	7:21	7:30	7:39	7:45	7:51	8:00	8:09	8:15	8:21	8:30	8:39	8:45	8:51	9:00	-	9:15	9:30	-	9:45
		Karanga-a-Hape	5:33	5:48	6:03	6:18	6:33	6:42	6:48	7:03	7:12	7:18	7:24	7:33	7:42	7:48	7:54	8:03	8:12	8:18	8:24	8:33	8:42	8:48	8:54	9:03	-	9:18	9:33	-	9:48
		Maungawhau	5:37	5:52	6:07	6:22	6:37	6:46	6:52	7:07	7:16	7:22	7:28	7:37	7:46	7:52	7:58	8:07	8:16	8:22	8:28	8:37	8:46	8:52	8:58	9:07	-	9:22	9:37	-	9:52
		Kingsland	5:41	5:56	6:11	6:26	6:41	6:50	6:56	7:11	7:20	7:26	7:31	7:41	7:50	7:56	8:01	8:11	8:20	8:26	8:31	8:41	8:50	8:56	9:01	9:11	-	9:26	9:41	-	9:56
		Morningside	5:43	5:58	6:13	6:28	6:43	6:52	6:58	7:13	7:22	7:28	-	7:43	7:52	7:58	-	8:13	8:22	8:28	-	8:43	8:52	8:58	-	9:13	-	9:28	9:43	-	9:58
		Baldwin Ave	5:45	6:00	6:15	6:30	6:45	6:54	7:00	7:15	7:24	7:30	-	7:45	7:54	8:00	-	8:15	8:24	8:30	-	8:45	8:54	9:00	-	9:15	-	9:30	9:45	-	10:00
		Mt Albert	5:48	6:03	6:18	6:33	6:48	6:57	7:03	7:18	7:27	7:33	-	7:48	7:57	8:03	-	8:18	8:27	8:33	-	8:48	8:57	9:03	-	9:18	-	9:33	9:48	-	10:03
		Avondale	5:51	6:06	6:21	6:36	6:51	7:00	7:06	7:21	7:30	7:36	-	7:51	8:00	8:06	-	8:21	8:30	8:36	-	8:51	9:00	9:06	-	9:21	-	9:36	9:51	-	10:06
		New Lynn	5:55	6:10	6:25	6:40	6:55	7:04	7:10	7:25	7:34	7:40	-	7:55	8:04	8:10	-	8:25	8:34	8:40	-	8:55	9:04	9:10	-	9:25	-	9:40	9:55	-	10:10
		Fruitvale Rd	5:58	6:13	6:28	6:43	6:58	7:07	7:13	7:28	7:37	7:43	-	7:58	8:07	8:13	-	8:28	8:37	8:43	-	8:58	9:07	9:13	-	9:28	-	9:43	9:58	-	10:13
		Glen Eden	6:00	6:15	6:30	6:45	7:00	7:09	7:15	7:30	7:39	7:45	-	8:00	8:09	8:15	-	8:30	8:39	8:45	-	9:00	9:09	9:15	-	9:30	-	9:45	10:00	-	10:15
		Sunnyvale	6:03	6:18	6:33	6:48	7:03	7:12	7:18	7:33	7:42	7:48	-	8:03	8:12	8:18	-	8:33	8:42	8:48	-	9:03	9:12	9:18	-	9:33	-	9:48	10:03	-	10:18
		Henderson	6:06	6:21	6:36	6:51	7:06	7:15	7:21	7:36	7:45	7:51	-	8:06	8:15	8:21	-	8:36	8:45	8:51	-	9:06	9:15	9:21	-	9:36	-	9:51	10:06	-	10:21
		Sturges Rd	6:09	6:24	6:39	6:54	7:09	7:18	7:24	7:39	7:48	7:54	-	8:09	8:18	8:24	-	8:39	8:48	8:54	-	9:09	9:18	9:24	-	9:39	-	9:54	10:09	-	10:24
		Rānui	6:12	6:27	6:42	6:57	7:12	7:21	7:27	7:42	7:51	7:57	-	8:12	8:21	8:27	-	8:42	8:51	8:57	-	9:12	9:21	9:27	-	9:42	-	9:57	10:12	-	10:27
		Swanson	6:17	6:32	6:47	7:02	7:17	7:24	7:32	7:47	7:54	8:02	-	8:17	8:24	8:32	-	8:47	8:54	9:02	-	9:17	9:24	9:32	-	9:47	-	10:02	10:17	-	10:32

Weekday service frequencies



During the day, the East West line averages at least one service every 15 minutes. At peak times there are more frequent services that bring the average wait time between trains down to seven minutes. This provides more flexibility commuting to school or work.



Past 8pm, weekday trains towards Swanson are reduced in frequency to one train every 30 minutes. On Fridays and Saturdays, we’ve got you covered for late night events with extra trains running later.

Airport connection



You can travel to Puhinui Station on the East West line or the South City line. At Puhinui Station, connect to the AirportLink bus, operating every 10 minutes from 4:30am to 12:40am, 7 days a week.

Weekday 6:15pm to 1:45am

City Centre

Manukau

Puhinui 

Papatoetoe

Middlemore

Ōtāhuhu

Sylvia Park

Panmure

Glen Innes

Meadowbank

Ōrākei

Waitematā

Te Waihorotiu

Karanga-a-Hape

Maungawhau

Kingsland

Morningside

Baldwin Ave

Mt Albert

Avondale

New Lynn

Fruitvale Rd

Glen Eden

Sunnyvale

Henderson

Sturges Rd

Rānui

Swanson

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Weekday service frequencies



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Weekend 5:30am to 1:45am

Weekend 5:30am to 1:45am							7am to 6:59pm At the following minutes past each hour														Saturday only						Sunday only	
↓	Manukau	5:33	6:03	6:18	6:33	6:48	:03	:18	:33	:48	19:03	19:18	19:33	19:48	20:03	20:33	21:03	21:33	22:03	22:33	23:03	23:33	0:03	0:33	1:03	22:33	23:03	
	Puhinui 	5:38	6:08	6:23	6:38	6:53	:08	:23	:38	:53	19:08	19:23	19:38	19:53	20:08	20:38	21:08	21:38	22:08	22:38	23:08	23:38	0:08	0:38	1:08	22:38	23:08	
	Papatoetoe	5:40	6:10	6:25	6:40	6:55	:10	:25	:40	:55	19:10	19:25	19:40	19:55	20:10	20:40	21:10	21:40	22:10	22:40	23:10	23:40	0:10	0:40	1:10	22:40	23:10	
	Middlemore	5:43	6:13	6:28	6:43	6:58	:13	:28	:43	:58	19:13	19:28	19:43	19:58	20:13	20:43	21:13	21:43	22:13	22:43	23:13	23:43	0:13	0:43	1:13	22:43	23:13	
	Ōtāhuhu	5:46	6:16	6:31	6:46	7:01	:16	:31	:46	:01	19:16	19:31	19:46	20:00	20:16	20:46	21:16	21:46	22:16	22:46	23:16	23:46	0:16	0:46	1:16	22:46	23:16	
	Sylvia Park	5:52	6:22	6:37	6:52	7:07	:22	:37	:52	:07	19:22	19:37	19:52	-	20:22	20:52	21:22	21:52	22:22	22:52	23:22	23:52	0:22	0:52	1:22	22:52	23:22	
	Panmure	5:55	6:25	6:40	6:55	7:10	:25	:40	:55	:10	19:25	19:40	19:55	-	20:25	20:55	21:25	21:55	22:25	22:55	23:25	23:55	0:25	0:55	1:25	22:55	23:25	
	Glen Innes	5:57	6:27	6:42	6:57	7:12	:27	:42	:57	:12	19:27	19:42	19:57	-	20:27	20:57	21:27	21:57	22:27	22:57	23:27	23:57	0:27	0:57	1:27	22:57	23:27	
	Meadowbank	6:02	6:32	6:47	7:02	7:17	:32	:47	:02	:17	19:32	19:47	20:02	-	20:32	21:02	21:32	22:02	22:32	23:02	23:32	23:52	0:02	0:32	1:02	23:02	23:32	
	Ōrākei	6:04	6:34	6:49	7:04	7:19	:34	:49	:04	:19	19:34	19:49	20:04	-	20:34	21:04	21:34	22:04	22:34	23:04	23:34	23:54	0:04	0:34	1:04	23:04	23:34	
City Centre	Waitematā	6:12	6:42	6:57	7:12	7:27	:42	:57	:12	:27	19:42	19:57	20:12	-	20:42	21:12	21:42	22:12	22:42	23:12	23:42	23:52	0:12	0:42	1:12	23:12	23:41	
	Te Waihorotiu	6:15	6:45	7:00	7:15	7:30	:45	:00	:15	:30	19:45	20:00	20:15	-	20:45	21:15	21:45	22:15	22:45	23:15	23:45	23:55	0:15	0:45	1:15	-	23:15	-
	Karanga-a-Hape	6:18	6:48	7:03	7:18	7:33	:48	:03	:18	:33	19:48	20:03	20:18	-	20:48	21:18	21:48	22:18	22:48	23:18	23:48	23:58	0:18	0:48	1:18	-	23:18	-
	Maungawhau	6:22	6:52	7:07	7:22	7:37	:52	:07	:22	:37	19:52	20:07	20:22	-	20:52	21:22	21:52	22:22	22:52	23:22	23:52	23:52	0:22	0:52	1:22	-	23:22	-
	Kingsland	6:26	6:56	7:11	7:26	7:41	:56	:11	:26	:41	19:56	20:11	20:26	-	20:56	21:26	21:56	22:26	22:56	23:26	23:56	23:56	0:26	0:56	1:25	-	23:25	-
	Morningside	6:28	6:58	7:13	7:28	7:43	:58	:13	:28	:43	19:58	20:13	20:28	-	20:58	21:28	21:58	22:28	22:58	23:28	23:58	23:58	0:28	0:58	-	-	-	-
	Baldwin Ave	6:30	7:00	7:15	7:30	7:45	:00	:15	:30	:45	20:00	20:15	20:30	-	21:00	21:30	22:00	22:30	23:00	23:30	23:50	23:50	0:30	1:00	-	-	-	-
	Mt Albert	6:33	7:03	7:18	7:33	7:48	:03	:18	:33	:48	20:03	20:18	20:33	-	21:03	21:33	22:03	22:33	23:03	23:33	23:53	23:53	0:33	1:03	-	-	-	-
	Avondale	6:36	7:06	7:21	7:36	7:51	:06	:21	:36	:51	20:06	20:21	20:36	-	21:06	21:36	22:06	22:36	23:06	23:36	23:56	23:56	0:36	1:06	-	-	-	-
	New Lynn	6:40	7:10	7:25	7:40	7:55	:10	:25	:40	:55	20:10	20:25	20:40	-	21:10	21:40	22:10	22:40	23:10	23:40	23:50	23:50	0:40	1:10	-	-	-	-
	Fruitvale Rd	6:43	7:13	7:28	7:43	7:58	:13	:28	:43	:58	20:13	20:28	20:43	-	21:13	21:43	22:13	22:43	23:13	23:43	23:53	23:53	0:43	1:13	-	-	-	-
	Glen Eden	6:45	7:15	7:30	7:45	8:00	:15	:30	:45	:00	20:15	20:30	20:45	-	21:15	21:45	22:15	22:45	23:15	23:45	23:55	23:55	0:45	1:15	-	-	-	-
	Sunnyvale	6:48	7:18	7:33	7:48	8:03	:18	:33	:48	:03	20:18	20:33	20:48	-	21:18	21:48	22:18	22:48	23:18	23:48	23:58	23:58	0:48	1:18	-	-	-	-
	Henderson	6:51	7:21	7:36	7:51	8:06	:21	:36	:51	:06	20:21	20:36	20:51	-	21:21	21:51	22:21	22:51	23:21	23:51	23:51	23:51	0:51	1:21	-	-	-	-
	Sturges Rd	6:54	7:24	7:39	7:54	8:09	:24	:39	:54	:09	20:24	20:39	20:54	-	21:24	21:54	22:24	22:54	23:24	23:54	23:54	23:54	0:54	1:24	-	-	-	-
	Rānui	6:57	7:27	7:42	7:57	8:12	:27	:42	:57	:12	20:27	20:42	20:57	-	21:27	21:57	22:27	22:57	23:27	23:57	23:57	23:57	0:57	1:27	-	-	-	-
	Swanson	7:02	7:32	7:47	8:02	8:17	:32	:47	:02	:17	20:32	20:47	21:02	-	21:32	22:02	22:32	23:02	23:32	23:52	23:52	23:52	1:02	1:32	-	-	-	-

Weekend service frequencies



During the day, the East West line averages at least one service every 15 minutes.

All day
6am to 8pm



Past 8pm, weekend trains towards Swanson are reduced in frequency to one train every 30 minutes.

On Fridays and Saturdays, we’ve got you covered for late night events with extra trains running later.

All evening
8pm to 11:30pm

Airport connection



You can travel to Puhinui Station on the East West line or the South City line. At Puhinui Station, connect to the AirportLink bus, operating every 10 minutes from 4:30am to 12:40am, 7 days a week.

All week
4:30am to 12:40am