

History, nature, and adventure by bike

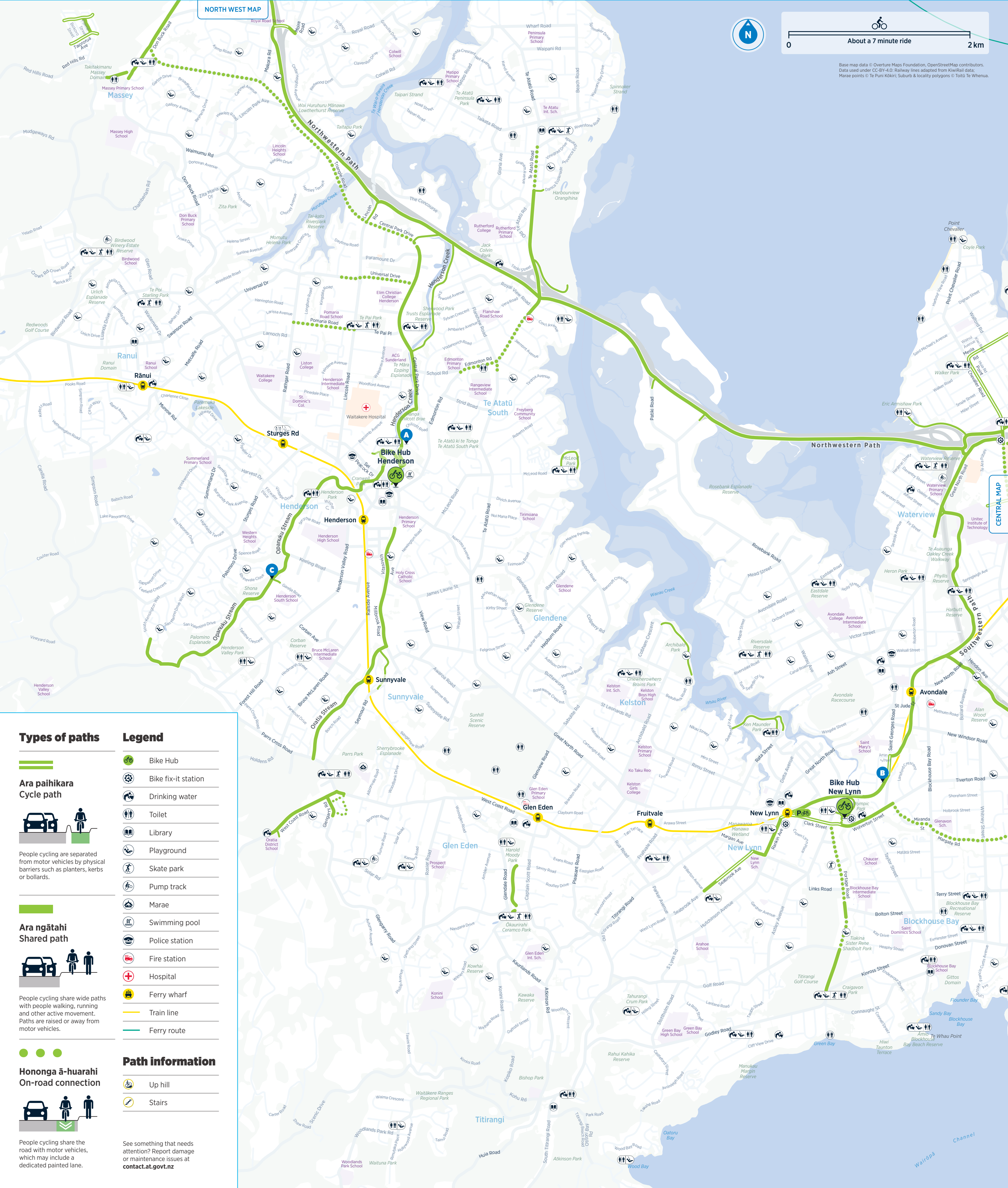
Tūi Glen Reserve via Henderson Creek
Follow the Henderson Creek Path from the Northwestern Cycleway to Henderson's town centre, where history, nature, and adventure meet. Pedal through parks lined with native plants, past the historic Tūi Glen Reserve. Stop at the famous treetop-themed playground, swing through the trees, or enjoy a picnic under the canopy. The path leads you to the Corban Estate Arts Centre, where local art and history await.

New Lynn to Avondale

A smooth journey between West Auckland's bustling centres
Glide along the 2.9km shared path linking Avondale and New Lynn—a safer, more scenic alternative to busy streets. Nestled away from cars and traffic, this smooth, off-road route winds through green spaces, past train stations, and close to the iconic Avondale Sunday Market, New Zealand's largest.

Opanuku Stream

A smooth ride through a forested escape
Cycle the Opanuku Stream path, a 5km route through lush native bush, winding along the stream for a peaceful, sheltered ride. Keep an eye out for native wildlife, such as tūi and kōtare, and enjoy the seasonal display of kōwhai in bloom.



Types of paths

Ara paihikara
Cycle path



People cycling are separated from motor vehicles by physical barriers such as planters, kerbs or bollards.

Ara ngātahi
Shared path



People cycling share wide paths with people walking, running and other active movement. Paths are raised or away from motor vehicles.

Hononga ā-huarahi
On-road connection



People cycling share the road with motor vehicles, which may include a dedicated painted lane.

Legend

- Bike Hub
- Bike fix-it station
- Drinking water
- Toilet
- Library
- Playground
- Skate park
- Pump track
- Marae
- Swimming pool
- Police station
- Fire station
- Hospital
- Ferry wharf
- Train line
- Ferry route

Path information

- Up hill
- Stairs

See something that needs attention? Report damage or maintenance issues at contact.at.govt.nz