Customer service centres

Our friendly staff at the following locations are able to help you with all your questions:

- Karanga-a-Hape Station
- New Lynn Station
- Newmarket Station
- Maungawhau Station
- Panmure Station
- Papakura Station
- Puhinui Station
- Te Waihorotiu Station
- Waitematā Station

Plan your journey

Visit **at.govt.nz/journeyplanner** or download the **AT Mobile app**. Scan the code or call us at **09 366 6400** or **0800 103 080**.

Or visit **nzrelay.co.nz**

Download on the App Store

GET IT ON Google Play

Get in touch

General customer enquiries
(09) 366 6400

6am to 8pm, Monday to Friday
8am to 6:30pm, weekends and public holidays

In an emergency, always dial 111

Lost property
(09) 969 7777

lostproperty@aucklandonerail.co.nz

9am to 5pm, Monday to Friday
Closed on weekends and public holidays

East West

Train timetable guide



***Disclaimer:** The information in this brochure is true at the time of publication, but is subject to change without notice. All travel is subject to the respective Operator's Condition of Carriage. For clarification on all issues, please contact Auckland Transport.

ATEW_NOV26

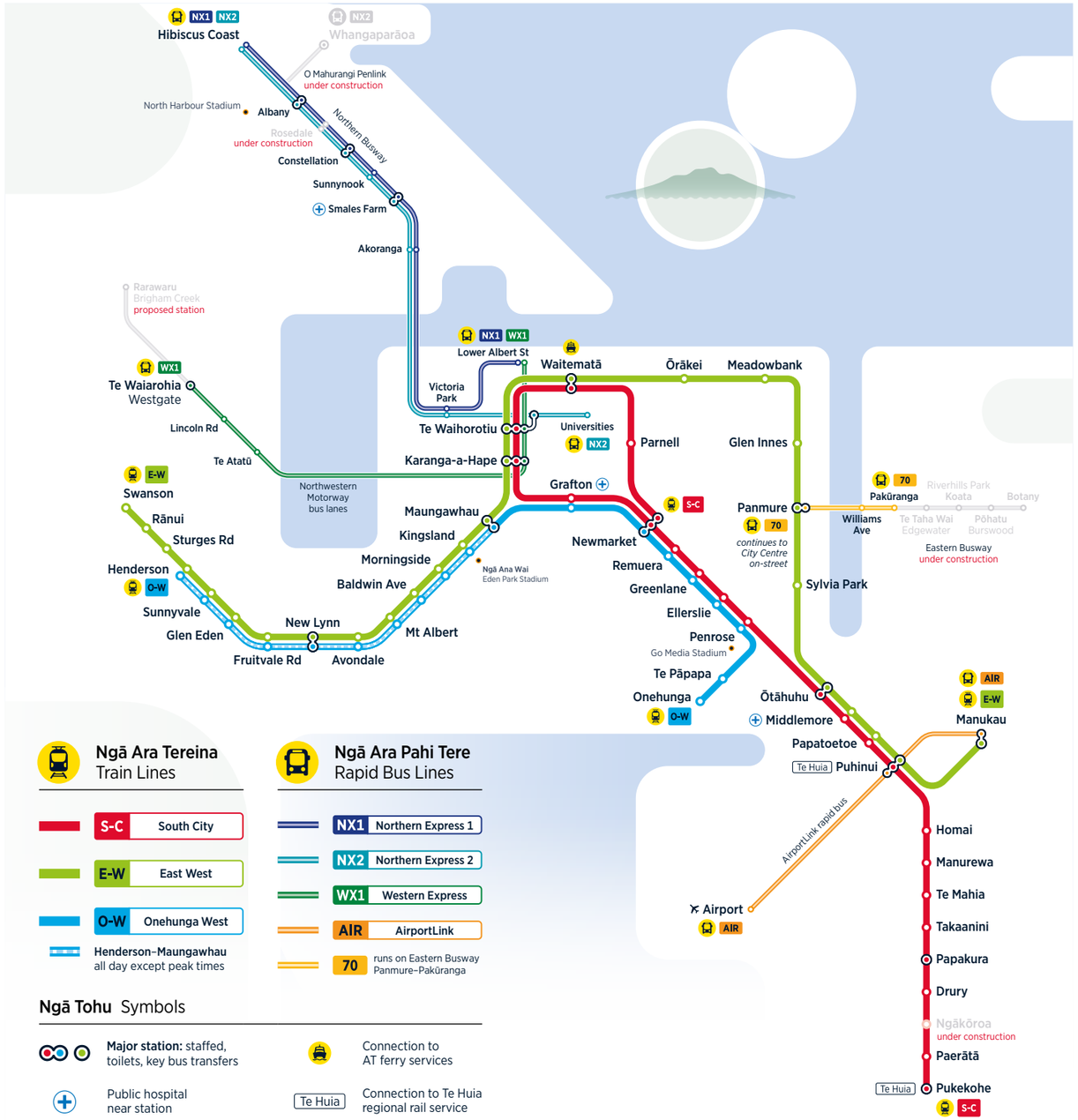
Effective from 22 November 2026

Welcome to Auckland's train network

Rapid transit is a key part of expanding Auckland's public transport network. Our rapid transit routes offer fast, reliable travel by train or bus on dedicated corridors separated from general traffic, connecting with ferries and local buses to get you where you need to go.

Auckland's train network consists of three main lines: East West, South City, and Onehunga West that connect 44 stations, making it easier to get around, reduce travel times, improve access to the city centre and unlock direct journeys across Auckland.





E-W East West

Every 15 minutes

All day
5:00am to 8:00pm

The East West line travels from Swanson in the west to Manukau in the east, passing through the city centre. The line links to other services along the way, giving you more transport options to reach a range of destinations right across Tāmaki Makaurau.

Runs later on Fridays and Saturdays

Waitematā

Disembark here for Te Komititanga and Queen Street, catch a ferry to the islands from Downtown Ferry Terminal, or simply enjoy Te Wānanga and the Auckland waterfront.

Te Waihorotiu

Head to the Sky Tower, attend an event at the Aotea Centre, see a show at The Civic or an exhibition at the Auckland Art Gallery.

Travelling across the bridge? You can catch buses to the North Shore from here too.

Karanga-a-Hape

Head out here for shopping, dining and entertainment along Karangahape Road.

You can catch buses to Westgate from here or connect to the South City line.

AIR

Heading to the airport? Transfer here to the South City line to travel to Puhinui Station where you can catch an AirportLink bus.

Major Venues

For Spark Arena, exit at Waitematā Station.

For Eden Park, exit at Kingsland Station.

Walk, bike or use connecting services for Go Media Stadium (exit at Penrose Station).

Towards Manukau 1 of 4

Weekday 5:00am to 10:30am

	Swanson	-	-	-	5:08	-	5:23	5:38	-	5:53	6:08	6:13	6:23	-	6:38	6:43	6:53	-	7:08	7:13	7:23	-	7:38	7:43	7:53	-	8:08	8:23	8:38	8:53
	Rānui	-	-	-	5:10	-	5:25	5:40	-	5:55	6:10	6:15	6:25	-	6:40	6:45	6:55	-	7:10	7:15	7:25	-	7:40	7:45	7:55	-	8:10	8:25	8:40	8:55
	Sturges Rd	-	-	-	5:13	-	5:28	5:43	-	5:58	6:13	6:18	6:28	-	6:43	6:48	6:58	-	7:13	7:18	7:28	-	7:43	7:48	7:58	-	8:13	8:28	8:43	8:58
	Henderson	-	-	5:02	5:17	-	5:32	5:47	-	6:02	6:17	6:22	6:32	6:39	6:47	6:52	7:02	7:09	7:17	7:22	7:32	7:39	7:47	7:52	8:02	8:09	8:17	8:32	8:47	9:02
	Sunnyvale	-	-	5:04	5:19	-	5:34	5:49	-	6:04	6:19	6:25	6:34	6:41	6:49	6:55	7:04	7:11	7:19	7:25	7:34	7:41	7:49	7:55	8:04	8:11	8:19	8:34	8:49	9:04
	Glen Eden	-	-	5:08	5:23	-	5:38	5:53	-	6:08	6:23	6:28	6:38	6:44	6:53	6:58	7:08	7:14	7:23	7:28	7:38	7:44	7:53	7:58	8:08	8:14	8:23	8:38	8:53	9:08
	Fruitvale Rd	-	-	5:10	5:25	-	5:40	5:55	-	6:10	6:25	6:30	6:40	6:47	6:55	7:00	7:10	7:17	7:25	7:30	7:40	7:47	7:55	8:00	8:10	8:17	8:25	8:40	8:55	9:10
	New Lynn	-	-	5:13	5:28	-	5:43	5:58	-	6:13	6:28	6:34	6:43	6:49	6:58	7:04	7:13	7:19	7:28	7:34	7:43	7:49	7:58	8:04	8:13	8:19	8:28	8:43	8:58	9:13
	Avondale	-	-	5:17	5:32	-	5:47	6:02	-	6:17	6:32	6:38	6:47	6:53	7:02	7:08	7:17	7:23	7:32	7:38	7:47	7:53	8:02	8:08	8:17	8:23	8:32	8:47	9:02	9:17
	Mt Albert	-	-	5:20	5:35	-	5:50	6:05	-	6:20	6:35	6:41	6:50	6:57	7:05	7:11	7:20	7:27	7:35	7:41	7:50	7:57	8:05	8:11	8:20	8:27	8:35	8:50	9:05	9:20
	Baldwin Ave	-	-	5:22	5:37	-	5:52	6:07	-	6:22	6:37	6:43	6:52	6:59	7:07	7:13	7:22	7:29	7:37	7:43	7:52	7:59	8:07	8:13	8:22	8:29	8:37	8:52	9:07	9:22
	Morningside	-	-	5:25	5:40	-	5:55	6:10	-	6:25	6:40	6:46	6:55	7:01	7:10	7:16	7:25	7:31	7:40	7:46	7:55	8:01	8:10	8:16	8:25	8:31	8:40	8:55	9:10	9:25
	Kingsland	-	-	5:28	5:43	-	5:58	6:13	-	6:28	6:43	6:49	6:58	7:04	7:13	7:19	7:28	7:34	7:43	7:49	7:58	8:04	8:13	8:19	8:28	8:34	8:43	8:58	9:13	9:28
	Maungawhau	-	-	5:31	5:46	-	6:01	6:16	-	6:31	6:46	6:52	7:01	7:07	7:16	7:22	7:31	7:37	7:46	7:52	8:01	8:07	8:16	8:22	8:31	8:37	8:46	9:01	9:16	9:31
City Centre	Karanga-a-Hape	-	-	5:34	5:49	-	6:04	6:19	-	6:34	6:49	6:55	7:04	7:10	7:19	7:25	7:34	7:40	7:49	7:55	8:04	8:10	8:19	8:25	8:34	8:40	8:49	9:04	9:19	9:34
City Centre	Te Waihorotiu	-	-	5:37	5:52	-	6:07	6:22	-	6:37	6:52	6:58	7:07	7:13	7:22	7:28	7:37	7:43	7:52	7:58	8:07	8:13	8:22	8:28	8:37	8:43	8:52	9:07	9:22	9:37
City Centre	Waitematā	5:25	-	5:40	5:55	-	6:10	6:25	-	6:40	6:55	7:01	7:10	7:16	7:25	7:31	7:40	7:46	7:55	8:01	8:10	8:16	8:25	8:31	8:40	8:46	8:55	9:10	9:25	9:40
	Ōrākei	5:31	-	5:46	6:01	-	6:16	6:31	-	6:46	7:01	7:07	7:16	7:22	7:31	7:37	7:46	7:52	8:01	8:07	8:16	8:22	8:31	8:37	8:46	8:52	9:01	9:16	9:31	9:46
	Meadowbank	5:34	-	5:49	6:04	-	6:19	6:34	-	6:49	7:04	7:10	7:19	7:25	7:34	7:40	7:49	7:55	8:04	8:10	8:19	8:25	8:34	8:40	8:49	8:55	9:04	9:19	9:34	9:49
	Glen Innes	5:39	-	5:54	6:09	-	6:24	6:39	-	6:54	7:09	7:16	7:24	7:30	7:39	7:46	7:54	8:00	8:09	8:16	8:24	8:30	8:39	8:46	8:54	9:00	9:09	9:24	9:39	9:54
	Panmure	5:41	-	5:56	6:11	-	6:26	6:41	-	6:56	7:11	7:19	7:26	7:32	7:41	7:49	7:56	8:02	8:11	8:19	8:26	8:32	8:41	8:49	8:56	9:02	9:11	9:26	9:41	9:56
	Sylvia Park	5:44	-	5:59	6:14	-	6:29	6:44	-	6:59	7:14	7:23	7:29	7:35	7:44	7:53	7:59	8:05	8:14	8:23	8:29	8:35	8:44	8:53	8:59	9:05	9:14	9:29	9:44	9:59
	Ōtāhuhu	5:50	5:59	6:05	6:20	6:29	6:35	6:50	6:59	7:05	7:20	7:29	7:35	-	7:50	7:59	8:05	-	8:20	8:29	8:35	-	8:50	8:59	9:05	-	9:20	9:35	9:50	10:05
	Middlemore	5:52	6:01	6:07	6:22	6:31	6:37	6:52	7:01	7:07	7:22	7:31	7:37	-	7:52	8:01	8:07	-	8:22	8:31	8:37	-	8:52	9:01	9:07	-	9:22	9:37	9:52	10:07
	Papatoetoe	5:55	6:04	6:10	6:25	6:34	6:40	6:55	7:04	7:10	7:25	7:34	7:40	-	7:55	8:04	8:10	-	8:25	8:34	8:40	-	8:55	9:04	9:10	-	9:25	9:40	9:55	10:10
	Puhinui	5:57	6:06	6:12	6:27	6:36	6:42	6:57	7:06	7:12	7:27	7:36	7:42	-	7:57	8:06	8:12	-	8:27	8:36	8:42	-	8:57	9:06	9:12	-	9:27	9:42	9:57	10:12
	Manukau	6:06	6:15	6:21	6:36	6:45	6:51	7:06	7:15	7:21	7:36	7:45	7:51	-	8:06	8:15	8:21	-	8:36	8:45	8:51	-	9:06	9:15	9:21	-	9:36	9:51	10:06	10:21

Weekday service frequencies



All day
5:15am to 8pm

Friday
5:15am to 10pm

During the day, the East West line averages at least one service every 15 minutes.

At peak times there are more frequent services that bring the average wait time between trains down to seven minutes. This provides more flexibility commuting to school or work.



All evening
8pm to 12am

Friday
10pm to 12am

Past 8pm from Monday to Thursday, trains towards Manukau are reduced in frequency to one train every 30 minutes.

On Fridays and Saturdays, we've got you covered for late night events with extra trains running later.

Airport connection



All week
4:30am to 12:40am

You can travel to Puhinui Station on the East West line or the South City line.

At Puhinui Station, connect to the AirportLink bus, operating every 10 minutes from 4:30am to 12:40am, 7 days a week.

Weekday 9:00am to 6:15pm

	Station																		
	Swanson	9:08	9:23	9:38	9:53	10:08	10:23	10:38	10:53	11:08	11:23	11:38	11:53	12:08	12:23	12:38	12:53	13:08	13:23
	Rānui	9:10	9:25	9:40	9:55	10:10	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:25	12:40	12:55	13:10	13:25
	Sturges Rd	9:13	9:28	9:43	9:58	10:13	10:28	10:43	10:58	11:13	11:28	11:43	11:58	12:13	12:28	12:43	12:58	13:13	13:28
	Henderson	9:17	9:32	9:47	10:02	10:17	10:32	10:47	11:02	11:17	11:32	11:47	12:02	12:17	12:32	12:47	13:02	13:17	13:32
	Sunnyvale	9:19	9:34	9:49	10:04	10:19	10:34	10:49	11:04	11:19	11:34	11:49	12:04	12:19	12:34	12:49	13:04	13:19	13:34
	Glen Eden	9:23	9:38	9:53	10:08	10:23	10:38	10:53	11:08	11:23	11:38	11:53	12:08	12:23	12:38	12:53	13:08	13:23	13:38
	Fruitvale Rd	9:25	9:40	9:55	10:10	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:25	12:40	12:55	13:10	13:25	13:40
	New Lynn	9:28	9:43	9:58	10:13	10:28	10:43	10:58	11:13	11:28	11:43	11:58	12:13	12:28	12:43	12:58	13:13	13:28	13:43
	Avondale	9:32	9:47	10:02	10:17	10:32	10:47	11:02	11:17	11:32	11:47	12:02	12:17	12:32	12:47	13:02	13:17	13:32	13:47
	Mt Albert	9:35	9:50	10:05	10:20	10:35	10:50	11:05	11:20	11:35	11:50	12:05	12:20	12:35	12:50	13:05	13:20	13:35	13:50
	Baldwin Ave	9:37	9:52	10:07	10:22	10:37	10:52	11:07	11:22	11:37	11:52	12:07	12:22	12:37	12:52	13:07	13:22	13:37	13:52
	Morningside	9:40	9:55	10:10	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:25	12:40	12:55	13:10	13:25	13:40	13:55
	Kingsland	9:43	9:58	10:13	10:28	10:43	10:58	11:13	11:28	11:43	11:58	12:13	12:28	12:43	12:58	13:13	13:28	13:43	13:58
	Maungawhau	9:46	10:01	10:16	10:31	10:46	11:01	11:16	11:31	11:46	12:01	12:16	12:31	12:46	13:01	13:16	13:31	13:46	14:01
City Centre	Karanga-a-Hape	9:49	10:04	10:19	10:34	10:49	11:04	11:19	11:34	11:49	12:04	12:19	12:34	12:49	13:04	13:19	13:34	13:49	14:04
City Centre	Te Waihorotiu	9:52	10:07	10:22	10:37	10:52	11:07	11:22	11:37	11:52	12:07	12:22	12:37	12:52	13:07	13:22	13:37	13:52	14:07
City Centre	Waitematā	9:55	10:10	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:25	12:40	12:55	13:10	13:25	13:40	13:55	14:10
	Ōrākei	10:01	10:16	10:31	10:46	11:01	11:16	11:31	11:46	12:01	12:16	12:31	12:46	13:01	13:16	13:31	13:46	14:01	14:16
	Meadowbank	10:04	10:19	10:34	10:49	11:04	11:19	11:34	11:49	12:04	12:19	12:34	12:49	13:04	13:19	13:34	13:49	14:04	14:19
	Glen Innes	10:09	10:24	10:39	10:54	11:09	11:24	11:39	11:54	12:09	12:24	12:39	12:54	13:09	13:24	13:39	13:54	14:09	14:24
	Panmure	10:11	10:26	10:41	10:56	11:11	11:26	11:41	11:56	12:11	12:26	12:41	12:56	13:11	13:26	13:41	13:56	14:11	14:26
	Sylvia Park	10:14	10:29	10:44	10:59	11:14	11:29	11:44	11:59	12:14	12:29	12:44	12:59	13:14	13:29	13:44	13:59	14:14	14:29
	Ōtāhuhu	10:20	10:35	10:50	11:05	11:20	11:35	11:50	12:05	12:20	12:35	12:50	13:05	13:20	13:35	13:50	14:05	14:20	14:35
	Middlemore	10:22	10:37	10:52	11:07	11:22	11:37	11:52	12:07	12:22	12:37	12:52	13:07	13:22	13:37	13:52	14:07	14:22	14:37
	Papatoetoe	10:25	10:40	10:55	11:10	11:25	11:40	11:55	12:10	12:25	12:40	12:55	13:10	13:25	13:40	13:55	14:10	14:25	14:40
	Puhinui	10:27	10:42	10:57	11:12	11:27	11:42	11:57	12:12	12:27	12:42	12:57	13:12	13:27	13:42	13:57	14:12	14:27	14:42
	Manukau	10:36	10:51	11:06	11:21	11:36	11:51	12:06	12:21	12:36	12:51	13:06	13:21	13:36	13:51	14:06	14:21	14:36	14:51

Station																							
Swanson	13:38	-	13:53	14:08	-	14:23	14:38	-	14:53	15:08	15:13	15:23	-	15:38	15:43	15:53	-	16:08	16:13	16:23	-	16:38	16:43
Rānui	13:40	-	13:55	14:10	-	14:25	14:40	-	14:55	15:10	15:15	15:25	-	15:40	15:45	15:55	-	16:10	16:15	16:25	-	16:40	16:45
Sturges Rd	13:43	-	13:58	14:13	-	14:28	14:43	-	14:58	15:13	15:18	15:28	-	15:43	15:48	15:58	-	16:13	16:18	16:28	-	16:43	16:48
Henderson	13:47	-	14:02	14:17	-	14:32	14:47	-	15:02	15:17	15:22	15:32	15:39	15:47	15:52	16:02	16:09	16:17	16:22	16:32	16:39	16:47	16:52
Sunnyvale	13:49	-	14:04	14:19	-	14:34	14:49	-	15:04	15:19	15:25	15:34	15:41	15:49	15:55	16:04	16:11	16:19	16:25	16:34	16:41	16:49	16:55
Glen Eden	13:53	-	14:08	14:23	-	14:38	14:53	-	15:08	15:23	15:28	15:38	15:44	15:53	15:58	16:08	16:14	16:23	16:28	16:38	16:44	16:53	16:58
Fruitvale Rd	13:55	-	14:10	14:25	-	14:40	14:55	-	15:10	15:25	15:30	15:40	15:47	15:55	16:00	16:10	16:17	16:25	16:30	16:40	16:47	16:55	17:00
New Lynn	13:58	-	14:13	14:28	-	14:43	14:58	-	15:13	15:28	15:34	15:43	15:49	15:58	16:04	16:13	16:19	16:28	16:34	16:43	16:49	16:58	17:04
Avondale	14:02	-	14:17	14:32	-	14:47	15:02	-	15:17	15:32	15:38	15:47	15:53	16:02	16:08	16:17	16:23	16:32	16:38	16:47	16:53	17:02	17:08
Mt Albert	14:05	-	14:20	14:35	-	14:50	15:05	-	15:20	15:35	15:41	15:50	15:57	16:05	16:11	16:20	16:27	16:35	16:41	16:50	16:57	17:05	17:11
Baldwin Ave	14:07	-	14:22	14:37	-	14:52	15:07	-	15:22	15:37	15:43	15:52	15:59	16:07	16:13	16:22	16:29	16:37	16:43	16:52	16:59	17:07	17:13
Morningside	14:10	-	14:25	14:40	-	14:55	15:10	-	15:25	15:40	15:46	15:55	16:01	16:10	16:16	16:25	16:31	16:40	16:46	16:55	17:01	17:10	17:16
Kingsland	14:13	-	14:28	14:43	-	14:58	15:13	-	15:28	15:43	15:49	15:58	16:04	16:13	16:19	16:28	16:34	16:43	16:49	16:58	17:04	17:13	17:19
Maungawhau	14:16	-	14:31	14:46	-	15:01	15:16	-	15:31	15:46	15:52	16:01	16:07	16:16	16:22	16:31	16:37	16:46	16:52	17:01	17:07	17:16	17:22
Karanga-a-Hape	14:19	-	14:34	14:49	-	15:04	15:19	-	15:34	15:49	15:55	16:04	16:10	16:19	16:25	16:34	16:40	16:49	16:55	17:04	17:10	17:19	17:25
Te Waihorotiu	14:22	-	14:37	14:52	-	15:07	15:22	-	15:37	15:52	15:58	16:07	16:13	16:22	16:28	16:37	16:43	16:52	16:58	17:07	17:13	17:22	17:28
Waitematā	14:25	-	14:40	14:55	-	15:10	15:25	15:31	15:40	15:55	16:01	16:10	16:16	16:25	16:31	16:40	16:46	16:55	17:01	17:10	17:16	17:25	17:31
Ōrākei	14:31	-	14:46	15:01	-	15:16	15:31	15:37	15:46	16:01	16:07	16:16	16:22	16:31	16:37	16:46	16:52	17:01	17:07	17:16	17:22	17:31	17:37
Meadowbank	14:34	-	14:49	15:04	-	15:19	15:34	15:40	15:49	16:04	16:10	16:19	16:25	16:34	16:40	16:49	16:55	17:04	17:10	17:19	17:25	17:34	17:40
Glen Innes	14:39	-	14:54	15:09	-	15:24	15:39	15:46	15:54	16:09	16:16	16:24	16:30	16:39	16:46	16:54	17:00	17:09	17:16	17:24	17:30	17:39	17:46
Panmure	14:41	-	14:56	15:11	-	15:26	15:41	15:49	15:56	16:11	16:19	16:26	16:32	16:41	16:49	16:56	17:02	17:11	17:19	17:26	17:32	17:41	17:49
Sylvia Park	14:44	-	14:59	15:14	-	15:29	15:44	15:53	15:59	16:14	16:23	16:29	16:35	16:44	16:53	16:59	17:05	17:14	17:23	17:29	17:35	17:44	17:53
Ōtāhuhu	14:50	14:59	15:05	15:20	15:29	15:35	15:50	15:59	16:05	16:20	16:29	16:35	-	16:50	16:59	17:05	-	17:20	17:29	17:35	-	17:50	17:59
Middlemore	14:52	15:01	15:07	15:22	15:31	15:37	15:52	16:01	16:07	16:22	16:31	16:37	-	16:52	17:01	17:07	-	17:22	17:31	17:37	-	17:52	18:01
Papatoetoe	14:55	15:04	15:10	15:25	15:34	15:40	15:55	16:04	16:10	16:25	16:34	16:40	-	16:55	17:04	17:10	-	17:25	17:34	17:40	-	17:55	18:04
Puhinui	14:57	15:06	15:12	15:27	15:36	15:42	15:57	16:06	16:12	16:27	16:36	16:42	-	16:57	17:06	17:12	-	17:27	17:36	17:42	-	17:57	18:06
Manukau	15:06	15:15	15:21	15:36	15:45	15:51	16:06	16:15	16:21	16:36	16:45	16:51	-	17:06	17:15	17:21	-	17:36	17:45	17:51	-	18:06	18:15

Towards Manukau

Weekday 4:45pm to 2:00am

Station																		
Swanson	16:53	-	17:08	17:13	17:23	-	17:38	17:43	17:53	-	18:08	18:13	18:23	-	18:38	18:53	19:08	19:23
Rānui	16:55	-	17:10	17:15	17:25	-	17:40	17:45	17:55	-	18:10	18:15	18:25	-	18:40	18:55	19:10	19:25
Sturges Rd	16:58	-	17:13	17:18	17:28	-	17:43	17:48	17:58	-	18:13	18:18	18:28	-	18:43	18:58	19:13	19:28
Henderson	17:02	17:09	17:17	17:22	17:32	17:39	17:47	17:52	18:02	18:09	18:17	18:22	18:32	18:39	18:47	19:02	19:17	19:32
Sunnyvale	17:04	17:11	17:19	17:25	17:34	17:41	17:49	17:55	18:04	18:11	18:19	18:25	18:34	18:41	18:49	19:04	19:19	19:34
Glen Eden	17:08	17:14	17:23	17:28	17:38	17:44	17:53	17:58	18:08	18:14	18:23	18:28	18:38	18:44	18:53	19:08	19:23	19:38
Fruitvale Rd	17:10	17:17	17:25	17:30	17:40	17:47	17:55	18:00	18:10	18:17	18:25	18:30	18:40	18:47	18:55	19:10	19:25	19:40
New Lynn	17:13	17:19	17:28	17:34	17:43	17:49	17:58	18:04	18:13	18:19	18:28	18:34	18:43	18:49	18:58	19:13	19:28	19:43
Avondale	17:17	17:23	17:32	17:38	17:47	17:53	18:02	18:08	18:17	18:23	18:32	18:38	18:47	18:53	19:02	19:17	19:32	19:47
Mt Albert	17:20	17:27	17:35	17:41	17:50	17:57	18:05	18:11	18:20	18:27	18:35	18:41	18:50	18:57	19:05	19:20	19:35	19:50
Baldwin Ave	17:22	17:29	17:37	17:43	17:52	17:59	18:07	18:13	18:22	18:29	18:37	18:43	18:52	18:59	19:07	19:22	19:37	19:52
Morningside	17:25	17:31	17:40	17:46	17:55	18:01	18:10	18:16	18:25	18:31	18:40	18:46	18:55	19:01	19:10	19:25	19:40	19:55
Kingsland	17:28	17:34	17:43	17:49	17:58	18:04	18:13	18:19	18:28	18:34	18:43	18:49	18:58	19:04	19:13	19:28	19:43	19:58
Maungawhau	17:31	17:37	17:46	17:52	18:01	18:07	18:16	18:22	18:31	18:37	18:46	18:52	19:01	19:07	19:16	19:31	19:46	20:01
Karanga-a-Hape (City Centre)	17:34	17:40	17:49	17:55	18:04	18:10	18:19	18:25	18:34	18:40	18:49	18:55	19:04	19:10	19:19	19:34	19:49	20:04
Te Waihorotiu (City Centre)	17:37	17:43	17:52	17:58	18:07	18:13	18:22	18:28	18:37	18:43	18:52	18:58	19:07	19:13	19:22	19:37	19:52	20:07
Waitematā (City Centre)	17:40	17:46	17:55	18:01	18:10	18:16	18:25	18:31	18:40	18:46	18:55	19:01	19:10	19:16	19:25	19:40	19:55	20:10
Ōrākei	17:46	17:52	18:01	18:07	18:16	18:22	18:31	18:37	18:46	18:52	19:01	19:07	19:16	19:22	19:31	19:46	20:01	20:16
Meadowbank	17:49	17:55	18:04	18:10	18:19	18:25	18:34	18:40	18:49	18:55	19:04	19:10	19:19	19:25	19:34	19:49	20:04	20:19
Glen Innes	17:54	18:00	18:09	18:16	18:24	18:30	18:39	18:46	18:54	19:00	19:09	19:16	19:24	19:30	19:39	19:54	20:09	20:24
Panmure	17:56	18:02	18:11	18:19	18:26	18:32	18:41	18:49	18:56	19:02	19:11	19:19	19:26	19:32	19:41	19:56	20:11	20:26
Sylvia Park	17:59	18:05	18:14	18:23	18:29	18:35	18:44	18:53	18:59	19:05	19:14	19:23	19:29	19:35	19:44	19:59	20:14	20:29
Ōtāhuhu	18:05	-	18:20	18:29	18:35	-	18:50	18:59	19:05	-	19:20	19:29	19:35	-	19:50	20:05	20:20	20:35
Middlemore	18:07	-	18:22	18:31	18:37	-	18:52	19:01	19:07	-	19:22	19:31	19:37	-	19:52	20:07	20:22	20:37
Papatoetoe	18:10	-	18:25	18:34	18:40	-	18:55	19:04	19:10	-	19:25	19:34	19:40	-	19:55	20:10	20:25	20:40
Puhinui	18:12	-	18:27	18:36	18:42	-	18:57	19:06	19:12	-	19:27	19:36	19:42	-	19:57	20:12	20:27	20:42
Manukau	18:21	-	18:36	18:45	18:51	-	19:06	19:15	19:21	-	19:36	19:45	19:51	-	20:06	20:21	20:36	20:51

Station					Fri		Fri		Fri		Fri		Fri	Fri	Fri	Fri
Swanson	19:38	19:53	20:08	20:23	20:38	20:53	21:08	21:23	21:38	21:53	22:10	22:23	22:53	23:23	23:53	0:23
Rānui	19:40	19:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:12	22:25	22:55	23:25	23:55	0:25
Sturges Rd	19:43	19:58	20:13	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:15	22:28	22:58	23:28	23:58	0:28
Henderson	19:47	20:02	20:17	20:32	20:47	21:02	21:17	21:32	21:47	22:02	22:19	22:32	23:02	23:32	0:02	0:32
Sunnyvale	19:49	20:04	20:19	20:34	20:49	21:04	21:19	21:34	21:49	22:04	22:21	22:34	23:04	23:34	0:04	0:34
Glen Eden	19:53	20:08	20:23	20:38	20:53	21:08	21:23	21:38	21:53	22:08	22:25	22:38	23:08	23:38	0:08	0:38
Fruitvale Rd	19:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:27	22:40	23:10	23:40	0:10	0:40
New Lynn	19:58	20:13	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:30	22:43	23:13	23:43	0:13	0:43
Avondale	20:02	20:17	20:32	20:47	21:02	21:17	21:32	21:47	22:02	22:17	22:34	22:47	23:17	23:47	0:17	0:47
Mt Albert	20:05	20:20	20:35	20:50	21:05	21:20	21:35	21:50	22:05	22:20	22:37	22:50	23:20	23:50	0:20	0:50
Baldwin Ave	20:07	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:39	22:52	23:22	23:52	0:22	0:52
Morningside	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:42	22:55	23:25	23:55	0:25	0:55
Kingsland	20:13	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:28	22:45	22:58	23:28	23:58	0:28	0:58
Maungawhau	20:16	20:31	20:46	21:01	21:16	21:31	21:46	22:01	22:16	22:31	22:48	23:01	23:31	0:01	0:31	1:01
Karanga-a-Hape (City Centre)	20:19	20:34	20:49	21:04	21:19	21:34	21:49	22:04	22:19	22:34	22:51	23:04	23:34	0:04	0:34	1:04
Te Waihorotiu (City Centre)	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:54	23:07	23:37	0:07	0:37	1:07
Waitematā (City Centre)	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:40	22:57	23:10	23:40	0:10	0:40	1:10
Ōrākei	20:31	20:46	21:01	21:16	21:31	21:46	22:01	22:16	22:31	22:46	23:03	23:16	23:46	0:16	0:46	1:16
Meadowbank	20:34	20:49	21:04	21:19	21:34	21:49	22:04	22:19	22:34	22:49	23:06	23:19	23:49	0:19	0:49	1:19
Glen Innes	20:39	20:54	21:09	21:24	21:39	21:54	22:09	22:24	22:39	22:54	23:11	23:24	23:54	0:24	0:54	1:24
Panmure	20:41	20:56	21:11	21:26	21:41	21:56	22:11	22:26	22:41	22:56	23:13	23:26	23:56	0:26	0:56	1:26
Sylvia Park	20:44	20:59	21:14	21:29	21:44	21:59	22:14	22:29	22:44	22:59	23:16	23:29	23:59	0:29	0:59	1:29
Ōtāhuhu	20:50	21:05	21:20	21:35	21:50	22:05	22:20	22:35	22:50	23:05	23:21	23:35	0:05	0:35	1:05	1:35
Middlemore	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:52	23:07	-	23:37	0:07	0:37	1:07	1:37
Papatoetoe	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:40	22:55	23:10	-	23:40	0:10	0:40	1:10	1:40
Puhinui	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:42	22:57	23:12	-	23:42	0:12	0:42	1:12	1:42
Manukau	21:06	21:21	21:36	21:51	22:06	22:21	22:36	22:51	23:06	23:21	-	23:51	0:21	0:51	1:21	1:51
			Fri		Fri		Fri		Fri		Fri		Fri	Fri	Fri	Fri

Fri Friday only

Times without a tab run Monday to Friday

Towards Manukau 4 of 4

Weekend 5:15am to 2:00am

				7am to 6:59pm At the following minutes past each hour																							
										Sat		Sat		Sat		Sat		Sat		Sat		Sat		Sat			
↓	Swanson	5:23	5:53	:08	:23	:38	:53	19:08	19:23	19:38	19:53	20:08	20:23	20:38	20:53	21:08	21:23	21:38	21:53	22:10	22:23	22:53	23:23	23:53	0:23
	Rānui	5:25	5:55	:10	:25	:40	:55	19:10	19:25	19:40	19:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:12	22:25	22:55	23:25	23:55	0:25
	Sturges Rd	5:28	5:58	:13	:28	:43	:58	19:13	19:28	19:43	19:58	20:13	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:15	22:28	22:58	23:28	23:58	0:28
	Henderson	5:32	6:02	:17	:32	:47	:02	19:17	19:32	19:47	20:02	20:17	20:32	20:47	21:02	21:17	21:32	21:47	22:02	22:19	22:32	23:02	23:32	0:02	0:32
	Sunnyvale	5:34	6:04	:19	:34	:49	:04	19:19	19:34	19:49	20:04	20:19	20:34	20:49	21:04	21:19	21:34	21:49	22:04	22:21	22:34	23:04	23:34	0:04	0:34
	Glen Eden	5:38	6:08	:23	:38	:53	:08	19:23	19:38	19:53	20:08	20:23	20:38	20:53	21:08	21:23	21:38	21:53	22:08	22:25	22:38	23:08	23:38	0:08	0:38
	Fruitvale Rd	5:40	6:10	:25	:40	:55	:10	19:25	19:40	19:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:27	22:40	23:10	23:40	0:10	0:40
	New Lynn	5:43	6:13	:28	:43	:58	:13	19:28	19:43	19:58	20:13	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:30	22:43	23:13	23:43	0:13	0:43
	Avondale	5:47	6:17	:32	:47	:02	:17	19:32	19:47	20:02	20:17	20:32	20:47	21:02	21:17	21:32	21:47	22:02	22:17	22:34	22:47	23:17	23:47	0:17	0:47
	Mt Albert	5:50	6:20	:35	:50	:05	:20	19:35	19:50	20:05	20:20	20:35	20:50	21:05	21:20	21:35	21:50	22:05	22:20	22:37	22:50	23:20	23:50	0:20	0:50
	Baldwin Ave	5:52	6:22	:37	:52	:07	:22	19:37	19:52	20:07	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:39	22:52	23:22	23:52	0:22	0:52
	Morningside	5:55	6:25	:40	:55	:10	:25	19:40	19:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:42	22:55	23:25	23:55	0:25	0:55
	Kingsland	5:58	6:28	:43	:58	:13	:28	19:43	19:58	20:13	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:28	22:45	22:58	23:28	23:58	0:28	0:58
	Maungawhau	6:01	6:31	:46	:01	:16	:31	19:46	20:01	20:16	20:31	20:46	21:01	21:16	21:31	21:46	22:01	22:16	22:31	22:48	23:01	23:31	0:01	0:31	1:01
City Centre	Karanga-a-Hape	6:04	6:34	:49	:04	:19	:34	19:49	20:04	20:19	20:34	20:49	21:04	21:19	21:34	21:49	22:04	22:19	22:34	22:51	23:04	23:34	0:04	0:34	1:04
City Centre	Te Waihorotiu	6:07	6:37	:52	:07	:22	:37	19:52	20:07	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:54	23:07	23:37	0:07	0:37	1:07
City Centre	Waitematā	6:10	6:40	:55	:10	:25	:40	19:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:40	22:57	23:10	23:40	0:10	0:40	1:10
	Ōrākei	6:16	6:46	:01	:16	:31	:46	20:01	20:16	20:31	20:46	21:01	21:16	21:31	21:46	22:01	22:16	22:31	22:46	23:03	23:16	23:46	0:16	0:46	1:16
	Meadowbank	6:19	6:49	:04	:19	:34	:49	20:04	20:19	20:34	20:49	21:04	21:19	21:34	21:49	22:04	22:19	22:34	22:49	23:06	23:19	23:49	0:19	0:49	1:19
	Glen Innes	6:24	6:54	:09	:24	:39	:54	20:09	20:24	20:39	20:54	21:09	21:24	21:39	21:54	22:09	22:24	22:39	22:54	23:11	23:24	23:54	0:24	0:54	1:24
	Panmure	6:26	6:56	:11	:26	:41	:56	20:11	20:26	20:41	20:56	21:11	21:26	21:41	21:56	22:11	22:26	22:41	22:56	23:13	23:26	23:56	0:26	0:56	1:26
	Sylvia Park	6:29	6:59	:14	:29	:44	:59	20:14	20:29	20:44	20:59	21:14	21:29	21:44	21:59	22:14	22:29	22:44	22:59	23:16	23:29	23:59	0:29	0:59	1:29
	Ōtāhuhu	6:35	7:05	:20	:35	:50	:05	20:20	20:35	20:50	21:05	21:20	21:35	21:50	22:05	22:20	22:35	22:50	23:05	23:21	23:35	0:05	0:35	1:05	1:35
	Middlemore	6:37	7:07	:22	:37	:52	:07	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:52	23:07	-	23:37	0:07	0:37	1:07	1:37
	Papatoetoe	6:40	7:10	:25	:40	:55	:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:40	22:55	23:10	-	23:40	0:10	0:40	1:10	1:40
	Puhinui	6:42	7:12	:27	:42	:57	:12	20:27	20:42	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:42	22:57	23:12	-	23:42	0:12	0:42	1:12	1:42
	Manukau	6:51	7:21	:36	:51	:06	:21	20:36	20:51	21:06	21:21	21:36	21:51	22:06	22:21	22:36	22:51	23:06	23:21	-	23:51	0:21	0:51	1:21	1:51
										Sat		Sat		Sat		Sat		Sat		Sat		Sat			

Sat Saturday only

Times without a tab run Saturday and Sunday

Weekend service frequencies



All day
6am to 7:30pm

Saturday
6am to 10pm

During the day, the East West line averages at least one service every 15 minutes.



All evening
7:30pm to 12am

Saturday
10pm to 12am

Past 7:30pm, weekend trains towards Manukau are reduced in frequency to one train every 30 minutes.

On Fridays and Saturdays, we've got you covered for late night events with extra trains running later.

Airport connection



All week
4:30am to 12:40am

You can travel to Puhinui Station on the East West line or the South City line.

At Puhinui Station, connect to the AirportLink bus, operating every 10 minutes from 4:30am to 12:40am, 7 days a week.

Towards Swanson 1 of 4

Weekday 5:00am to 10:30am

	Manukau	-	-	5:18	5:33	5:48	5:58	6:03	-	6:18	6:28	6:33	-	6:48	6:58	7:03	-	7:18	7:28	7:33	-	7:48	7:58	8:03	-	8:18	8:28	8:33	8:48	8:58
	Puhinui	-	5:08	5:23	5:38	5:53	6:03	6:08	-	6:23	6:33	6:38	-	6:53	7:03	7:08	-	7:23	7:33	7:38	-	7:53	8:03	8:08	-	8:23	8:33	8:38	8:53	9:03
	Papatoetoe	-	5:10	5:25	5:40	5:55	6:05	6:10	-	6:25	6:35	6:40	-	6:55	7:05	7:10	-	7:25	7:35	7:40	-	7:55	8:05	8:10	-	8:25	8:35	8:40	8:55	9:05
	Middlemore	-	5:13	5:28	5:43	5:58	6:08	6:13	-	6:28	6:38	6:43	-	6:58	7:08	7:13	-	7:28	7:38	7:43	-	7:58	8:08	8:13	-	8:28	8:38	8:43	8:58	9:08
	Ōtāhuhu	-	5:16	5:31	5:46	6:01	6:11	6:16	-	6:31	6:41	6:46	-	7:01	7:11	7:16	-	7:31	7:41	7:46	-	8:01	8:11	8:16	-	8:31	8:41	8:46	9:01	9:10
	Sylvia Park	-	5:22	5:37	5:52	6:07	6:17	6:22	6:28	6:37	6:47	6:52	6:58	7:07	7:17	7:22	7:28	7:37	7:47	7:52	7:58	8:07	8:17	8:22	8:28	8:37	8:47	8:52	9:07	-
	Panmure	-	5:25	5:40	5:55	6:10	6:20	6:25	6:31	6:40	6:50	6:55	7:01	7:10	7:20	7:25	7:31	7:40	7:50	7:55	8:01	8:10	8:20	8:25	8:31	8:40	8:50	8:55	9:10	-
	Glen Innes	-	5:27	5:42	5:57	6:12	6:22	6:27	6:34	6:42	6:52	6:57	7:04	7:12	7:22	7:27	7:34	7:42	7:52	7:57	8:04	8:12	8:22	8:27	8:34	8:42	8:52	8:57	9:12	-
	Meadowbank	-	5:32	5:47	6:02	6:17	6:27	6:32	6:39	6:47	6:57	7:02	7:09	7:17	7:27	7:32	7:39	7:47	7:57	8:02	8:09	8:17	8:27	8:32	8:39	8:47	8:57	9:02	9:17	-
	Ōrākei	-	5:34	5:49	6:04	6:19	6:29	6:34	6:41	6:49	6:59	7:04	7:11	7:19	7:29	7:34	7:41	7:49	7:59	8:04	8:11	8:19	8:29	8:34	8:41	8:49	8:59	9:04	9:19	-
City Centre	Waitematā	5:27	5:42	5:57	6:12	6:27	6:36	6:42	6:48	6:57	7:06	7:12	7:18	7:27	7:36	7:42	7:48	7:57	8:06	8:12	8:18	8:27	8:36	8:42	8:48	8:57	9:05	9:12	9:27	-
	Te Waihorotiu	5:30	5:45	6:00	6:15	6:30	6:39	6:45	6:51	7:00	7:09	7:15	7:21	7:30	7:39	7:45	7:51	8:00	8:09	8:15	8:21	8:30	8:39	8:45	8:51	9:00	-	9:15	9:30	-
	Karanga-a-Hape	5:33	5:48	6:03	6:18	6:33	6:42	6:48	6:54	7:03	7:12	7:18	7:24	7:33	7:42	7:48	7:54	8:03	8:12	8:18	8:24	8:33	8:42	8:48	8:54	9:03	-	9:18	9:33	-
	Maungawhau	5:37	5:52	6:07	6:22	6:37	6:46	6:52	6:58	7:07	7:16	7:22	7:28	7:37	7:46	7:52	7:58	8:07	8:16	8:22	8:28	8:37	8:46	8:52	8:58	9:07	-	9:22	9:37	-
	Kingsland	5:41	5:56	6:11	6:26	6:41	6:50	6:56	7:02	7:11	7:20	7:26	7:32	7:41	7:50	7:56	8:02	8:11	8:20	8:26	8:32	8:41	8:50	8:56	9:02	9:11	-	9:26	9:41	-
	Morningside	5:43	5:58	6:13	6:28	6:43	6:52	6:58	7:04	7:13	7:22	7:28	7:34	7:43	7:52	7:58	8:04	8:13	8:22	8:28	8:34	8:43	8:52	8:58	9:04	9:13	-	9:28	9:43	-
	Baldwin Ave	5:45	6:00	6:15	6:30	6:45	6:54	7:00	7:06	7:15	7:24	7:30	7:36	7:45	7:54	8:00	8:06	8:15	8:24	8:30	8:36	8:45	8:54	9:00	9:06	9:15	-	9:30	9:45	-
	Mt Albert	5:48	6:03	6:18	6:33	6:48	6:57	7:03	7:09	7:18	7:27	7:33	7:39	7:48	7:57	8:03	8:09	8:18	8:27	8:33	8:39	8:48	8:57	9:03	9:09	9:18	-	9:33	9:48	-
	Avondale	5:51	6:06	6:21	6:36	6:51	7:00	7:06	7:12	7:21	7:30	7:36	7:42	7:51	8:00	8:06	8:12	8:21	8:30	8:36	8:42	8:51	9:00	9:06	9:12	9:21	-	9:36	9:51	-
	New Lynn	5:55	6:10	6:25	6:40	6:55	7:04	7:10	7:16	7:25	7:34	7:40	7:46	7:55	8:04	8:10	8:16	8:25	8:34	8:40	8:46	8:55	9:04	9:10	9:16	9:25	-	9:40	9:55	-
	Fruitvale Rd	5:57	6:12	6:27	6:42	6:57	7:06	7:12	7:18	7:27	7:36	7:42	7:48	7:57	8:06	8:12	8:18	8:27	8:36	8:42	8:48	8:57	9:06	9:12	9:18	9:27	-	9:42	9:57	-
	Glen Eden	5:59	6:14	6:29	6:44	6:59	7:08	7:14	7:20	7:29	7:38	7:44	7:50	7:59	8:08	8:14	8:20	8:29	8:38	8:44	8:50	8:59	9:08	9:14	9:20	9:29	-	9:44	9:59	-
	Sunnyvale	6:03	6:18	6:33	6:48	7:03	7:12	7:18	7:24	7:33	7:42	7:48	7:54	8:03	8:12	8:18	8:24	8:33	8:42	8:48	8:54	9:03	9:12	9:18	9:24	9:33	-	9:48	10:03	-
	Henderson	6:07	6:22	6:37	6:52	7:07	7:16	7:22	7:26	7:37	7:46	7:52	7:56	8:07	8:16	8:22	8:26	8:37	8:46	8:52	8:56	9:07	9:16	9:22	9:26	9:37	-	9:52	10:07	-
	Sturges Rd	6:09	6:24	6:39	6:54	7:09	7:18	7:24	-	7:39	7:48	7:54	-	8:09	8:18	8:24	-	8:39	8:48	8:54	-	9:09	9:18	9:24	-	9:39	-	9:54	10:09	-
	Rānui	6:12	6:27	6:42	6:57	7:12	7:21	7:27	-	7:42	7:51	7:57	-	8:12	8:21	8:27	-	8:42	8:51	8:57	-	9:12	9:21	9:27	-	9:42	-	9:57	10:12	-
	Swanson	6:17	6:32	6:47	7:02	7:17	7:24	7:32	-	7:47	7:54	8:02	-	8:17	8:24	8:32	-	8:47	8:54	9:02	-	9:17	9:24	9:32	-	9:47	-	10:02	10:17	-

Weekday service frequencies



All day
5am to 8pm

Friday
5am to 10pm

During the day, the East West line averages at least one service every 15 minutes.

At peak times there are more frequent services that bring the average wait time between trains down to seven minutes. This provides more flexibility commuting to school or work.



All evening
8pm to 12am

Friday
10pm to 12am

Past 8pm from Monday to Thursday, trains towards Swanson are reduced in frequency to one train every 30 minutes.

On Fridays and Saturdays, we've got you covered for late night events with extra trains running later.

Airport connection



All week
4:30am to 12:40am

You can travel to Puhinui Station on the East West line or the South City line.

At Puhinui Station, connect to the AirportLink bus, operating every 10 minutes from 4:30am to 12:40am, 7 days a week.

Towards Swanson

Weekday 9:00am to 7:30pm

City Centre

Stop										11am to 1:59pm At the following minutes past each hour								
Manukau	9:03	9:18	9:28	9:33	9:48	10:03	10:18	10:33	10:48	:03	:18	:33	:48	14:03	14:18	14:33	14:48	15:03
Puhinui	9:08	9:23	9:33	9:38	9:53	10:08	10:23	10:38	10:53	:08	:23	:38	:53	14:08	14:23	14:38	14:53	15:08
Papatoetoe	9:10	9:25	9:35	9:40	9:55	10:10	10:25	10:40	10:55	:10	:25	:40	:55	14:10	14:25	14:40	14:55	15:10
Middlemore	9:13	9:28	9:38	9:43	9:58	10:13	10:28	10:43	10:58	:13	:28	:43	:58	14:13	14:28	14:43	14:58	15:13
Ōtāhuhu	9:16	9:31	9:40	9:46	10:01	10:16	10:31	10:46	11:01	:16	:31	:46	:01	14:16	14:31	14:46	15:01	15:16
Sylvia Park	9:22	9:37	-	9:52	10:07	10:22	10:37	10:52	11:07	:22	:37	:52	:07	14:22	14:37	14:52	15:07	15:22
Panmure	9:25	9:40	-	9:55	10:10	10:25	10:40	10:55	11:10	:25	:40	:55	:10	14:25	14:40	14:55	15:10	15:25
Glen Innes	9:27	9:42	-	9:57	10:12	10:27	10:42	10:57	11:12	:27	:42	:57	:12	14:27	14:42	14:57	15:12	15:27
Meadowbank	9:32	9:47	-	10:02	10:17	10:32	10:47	11:02	11:17	:32	:47	:02	:17	14:32	14:47	15:02	15:17	15:32
Ōrākei	9:34	9:49	-	10:04	10:19	10:34	10:49	11:04	11:19	:34	:49	:04	:19	14:34	14:49	15:04	15:19	15:34
Waitematā	9:42	9:57	-	10:12	10:27	10:42	10:57	11:12	11:27	:42	:57	:12	:27	14:42	14:57	15:12	15:27	15:42
Te Waihorotiu	9:45	10:00	-	10:15	10:30	10:45	11:00	11:15	11:30	:45	:00	:15	:30	14:45	15:00	15:15	15:30	15:45
Karanga-a-Hape	9:48	10:03	-	10:18	10:33	10:48	11:03	11:18	11:33	:48	:03	:18	:33	14:48	15:03	15:18	15:33	15:48
Maungawhau	9:52	10:07	-	10:22	10:37	10:52	11:07	11:22	11:37	:52	:07	:22	:37	14:52	15:07	15:22	15:37	15:52
Kingsland	9:56	10:11	-	10:26	10:41	10:56	11:11	11:26	11:41	:56	:11	:26	:41	14:56	15:11	15:26	15:41	15:56
Morningside	9:58	10:13	-	10:28	10:43	10:58	11:13	11:28	11:43	:58	:13	:28	:43	14:58	15:13	15:28	15:43	15:58
Baldwin Ave	10:00	10:15	-	10:30	10:45	11:00	11:15	11:30	11:45	:00	:15	:30	:45	15:00	15:15	15:30	15:45	16:00
Mt Albert	10:03	10:18	-	10:33	10:48	11:03	11:18	11:33	11:48	:03	:18	:33	:48	15:03	15:18	15:33	15:48	16:03
Avondale	10:06	10:21	-	10:36	10:51	11:06	11:21	11:36	11:51	:06	:21	:36	:51	15:06	15:21	15:36	15:51	16:06
New Lynn	10:10	10:25	-	10:40	10:55	11:10	11:25	11:40	11:55	:10	:25	:40	:55	15:10	15:25	15:40	15:55	16:10
Fruitvale Rd	10:12	10:27	-	10:42	10:57	11:12	11:27	11:42	11:57	:12	:27	:42	:57	15:12	15:27	15:42	15:57	16:12
Glen Eden	10:14	10:29	-	10:44	10:59	11:14	11:29	11:44	11:59	:14	:29	:44	:59	15:14	15:29	15:44	15:59	16:14
Sunnyvale	10:18	10:33	-	10:48	11:03	11:18	11:33	11:48	12:03	:18	:33	:48	:03	15:18	15:33	15:48	16:03	16:18
Henderson	10:22	10:37	-	10:52	11:07	11:22	11:37	11:52	12:07	:22	:37	:52	:07	15:22	15:37	15:52	16:07	16:22
Sturges Rd	10:24	10:39	-	10:54	11:09	11:24	11:39	11:54	12:09	:24	:39	:54	:09	15:24	15:39	15:54	16:09	16:24
Rānui	10:27	10:42	-	10:57	11:12	11:27	11:42	11:57	12:12	:27	:42	:57	:12	15:27	15:42	15:57	16:12	16:27
Swanson	10:32	10:47	-	11:02	11:17	11:32	11:47	12:02	12:17	:32	:47	:02	:17	15:32	15:47	16:02	16:17	16:32

Stop																							
Manukau	15:18	15:28	15:33	-	15:48	15:58	16:03	-	16:18	16:28	16:33	-	16:48	16:58	17:03	-	17:18	17:28	17:33	-	17:48	17:58	18:03
Puhinui	15:23	15:33	15:38	-	15:53	16:03	16:08	-	16:23	16:33	16:38	-	16:53	17:03	17:08	-	17:23	17:33	17:38	-	17:53	18:03	18:08
Papatoetoe	15:25	15:35	15:40	-	15:55	16:05	16:10	-	16:25	16:35	16:40	-	16:55	17:05	17:10	-	17:25	17:35	17:40	-	17:55	18:05	18:10
Middlemore	15:28	15:38	15:43	-	15:58	16:08	16:13	-	16:28	16:38	16:43	-	16:58	17:08	17:13	-	17:28	17:38	17:43	-	17:58	18:08	18:13
Ōtāhuhu	15:31	15:41	15:46	-	16:01	16:11	16:16	-	16:31	16:41	16:46	-	17:01	17:11	17:16	-	17:31	17:41	17:46	-	18:01	18:11	18:16
Sylvia Park	15:37	15:47	15:52	15:58	16:07	16:17	16:22	16:28	16:37	16:47	16:52	16:58	17:07	17:17	17:22	17:28	17:37	17:47	17:52	17:58	18:07	18:17	18:22
Panmure	15:40	15:50	15:55	16:01	16:10	16:20	16:25	16:31	16:40	16:50	16:55	17:01	17:10	17:20	17:25	17:31	17:40	17:50	17:55	18:01	18:10	18:20	18:25
Glen Innes	15:42	15:52	15:57	16:04	16:12	16:22	16:27	16:34	16:42	16:52	16:57	17:04	17:12	17:22	17:27	17:34	17:42	17:52	17:57	18:04	18:12	18:22	18:27
Meadowbank	15:47	15:57	16:02	16:09	16:17	16:27	16:32	16:39	16:47	16:57	17:02	17:09	17:17	17:27	17:32	17:39	17:47	17:57	18:02	18:09	18:17	18:27	18:32
Ōrākei	15:49	15:59	16:04	16:11	16:19	16:29	16:34	16:41	16:49	16:59	17:04	17:11	17:19	17:29	17:34	17:41	17:49	17:59	18:04	18:11	18:19	18:29	18:34
Waitematā	15:57	16:06	16:12	16:18	16:27	16:36	16:42	16:48	16:57	17:06	17:12	17:18	17:27	17:36	17:42	17:48	17:57	18:06	18:12	18:18	18:27	18:36	18:42
Te Waihorotiu	16:00	16:09	16:15	16:21	16:30	16:39	16:45	16:51	17:00	17:09	17:15	17:21	17:30	17:39	17:45	17:51	18:00	18:09	18:15	18:21	18:30	18:39	18:45
Karanga-a-Hape	16:03	16:12	16:18	16:24	16:33	16:42	16:48	16:54	17:03	17:12	17:18	17:24	17:33	17:42	17:48	17:54	18:03	18:12	18:18	18:24	18:33	18:42	18:48
Maungawhau	16:07	16:16	16:22	16:28	16:37	16:46	16:52	16:58	17:07	17:16	17:22	17:28	17:37	17:46	17:52	17:58	18:07	18:16	18:22	18:28	18:37	18:46	18:52
Kingsland	16:11	16:20	16:26	16:32	16:41	16:50	16:56	17:02	17:11	17:20	17:26	17:32	17:41	17:50	17:56	18:02	18:11	18:20	18:26	18:32	18:41	18:50	18:56
Morningside	16:13	16:22	16:28	16:34	16:43	16:52	16:58	17:04	17:13	17:22	17:28	17:34	17:43	17:52	17:58	18:04	18:13	18:22	18:28	18:34	18:43	18:52	18:58
Baldwin Ave	16:15	16:24	16:30	16:36	16:45	16:54	17:00	17:06	17:15	17:24	17:30	17:36	17:45	17:54	18:00	18:06	18:15	18:24	18:30	18:36	18:45	18:54	19:00
Mt Albert	16:18	16:27	16:33	16:39	16:48	16:57	17:03	17:09	17:18	17:27	17:33	17:39	17:48	17:57	18:03	18:09	18:18	18:27	18:33	18:39	18:48	18:57	19:03
Avondale	16:21	16:30	16:36	16:42	16:51	17:00	17:06	17:12	17:21	17:30	17:36	17:42	17:51	18:00	18:06	18:12	18:21	18:30	18:36	18:42	18:51	19:00	19:06
New Lynn	16:25	16:34	16:40	16:46	16:55	17:04	17:10	17:16	17:25	17:34	17:40	17:46	17:55	18:04	18:10	18:16	18:25	18:34	18:40	18:46	18:55	19:04	19:10
Fruitvale Rd	16:27	16:36	16:42	16:48	16:57	17:06	17:12	17:18	17:27	17:36	17:42	17:48	17:57	18:06	18:12	18:18	18:27	18:36	18:42	18:48	18:57	19:06	19:12
Glen Eden	16:29	16:38	16:44	16:50	16:59	17:08	17:14	17:20	17:29	17:38	17:44	17:50	17:59	18:08	18:14	18:20	18:29	18:38	18:44	18:50	18:59	19:08	19:14
Sunnyvale	16:33	16:42	16:48	16:54	17:03	17:12	17:18	17:24	17:33	17:42	17:48	17:54	18:03	18:12	18:18	18:24	18:33	18:42	18:48	18:54	19:03	19:12	19:18
Henderson	16:37	16:46	16:52	16:56	17:07	17:16	17:22	17:26	17:37	17:46	17:52	17:56	18:07	18:16	18:22	18:26	18:37	18:46	18:52	18:56	19:07	19:16	19:22
Sturges Rd	16:39	16:48	16:54	-	17:09	17:18	17:24	-	17:39	17:48	17:54	-	18:09	18:18	18:24	-	18:39	18:48	18:54	-	19:09	19:18	19:24
Rānui	16:42	16:51	16:57	-	17:12	17:21	17:27	-	17:42	17:51	17:57	-	18:12	18:21	18:27	-	18:42	18:51	18:57	-	19:12	19:21	19:27
Swanson	16:47	16:54	17:02	-	17:17	17:24	17:32	-	17:47	17:54	18:02	-	18:17	18:24	18:32	-	18:47	18:54	19:02	-	19:17	19:24	19:32

Towards Swanson 3 of 4

Weekday 6:15pm to 1:45am

				Mon–Thu										Fri		Fri		Fri		Fri				Fri			
	Manukau	-	18:18	18:28	18:33	18:48	18:58	19:03	19:18	19:28	19:33	19:48	20:03	20:18	20:33	20:48	21:03	21:18	21:33	21:48	22:03	22:33	23:03	23:33	0:03	0:33	1:03
	Puhinui	-	18:23	18:33	18:38	18:53	19:03	19:08	19:23	19:33	19:38	19:53	20:08	20:23	20:38	20:53	21:08	21:23	21:38	21:53	22:08	22:38	23:08	23:38	0:08	0:38	1:08
	Papatoetoe	-	18:25	18:35	18:40	18:55	19:05	19:10	19:25	19:35	19:40	19:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:40	23:10	23:40	0:10	0:40	1:10
	Middlemore	-	18:28	18:38	18:43	18:58	19:08	19:13	19:28	19:38	19:43	19:58	20:13	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:43	23:13	23:43	0:13	0:43	1:13
	Ōtāhuhu	-	18:31	18:41	18:46	19:01	19:10	19:16	19:31	19:40	19:46	20:01	20:16	20:31	20:46	21:01	21:16	21:31	21:46	22:01	22:16	22:46	23:16	23:46	0:16	0:46	1:16
	Sylvia Park	18:28	18:37	18:47	18:52	19:07	-	19:22	19:37	-	19:52	20:07	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:52	23:22	23:52	0:22	0:52	1:22
	Panmure	18:31	18:40	18:50	18:55	19:10	-	19:25	19:40	-	19:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:55	23:25	23:55	0:25	0:55	1:25
	Glen Innes	18:34	18:42	18:52	18:57	19:12	-	19:27	19:42	-	19:57	20:12	20:27	20:42	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:57	23:27	23:57	0:27	0:57	1:27
	Meadowbank	18:39	18:47	18:57	19:02	19:17	-	19:32	19:47	-	20:02	20:17	20:32	20:47	21:02	21:17	21:32	21:47	22:02	22:17	22:32	23:02	23:32	0:02	0:32	1:02	1:32
	Ōrākei	18:41	18:49	18:59	19:04	19:19	-	19:34	19:49	-	20:04	20:19	20:34	20:49	21:04	21:19	21:34	21:49	22:04	22:19	22:34	23:04	23:34	0:04	0:34	1:04	1:34
City Centre	Waitematā	18:48	18:57	19:06	19:12	19:27	-	19:42	19:57	-	20:12	20:27	20:42	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:42	23:12	23:42	0:12	0:42	1:11	1:41
City Centre	Te Waihorotiu	18:51	19:00	19:09	19:15	19:30	-	19:45	20:00	-	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00	22:15	22:30	22:45	23:15	23:45	0:15	0:45	-	-
City Centre	Karanga-a-Hape	18:54	19:03	19:12	19:18	19:33	-	19:48	20:03	-	20:18	20:33	20:48	21:03	21:18	21:33	21:48	22:03	22:18	22:33	22:48	23:18	23:48	0:18	0:48	-	-
	Maungawhau	18:58	19:07	19:16	19:22	19:37	-	19:52	20:07	-	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:52	23:22	23:52	0:22	0:52	-	-
	Kingsland	19:02	19:11	19:20	19:26	19:41	-	19:56	20:11	-	20:26	20:41	20:56	21:11	21:26	21:41	21:56	22:11	22:26	22:41	22:56	23:26	23:56	0:26	0:56	-	-
	Morningside	19:04	19:13	19:22	19:28	19:43	-	19:58	20:13	-	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:28	22:43	22:58	23:28	23:58	0:28	0:58	-	-
	Baldwin Ave	19:06	19:15	19:24	19:30	19:45	-	20:00	20:15	-	20:30	20:45	21:00	21:15	21:30	21:45	22:00	22:15	22:30	22:45	23:00	23:30	0:00	0:30	1:00	-	-
	Mt Albert	19:09	19:18	19:27	19:33	19:48	-	20:03	20:18	-	20:33	20:48	21:03	21:18	21:33	21:48	22:03	22:18	22:33	22:48	23:03	23:33	0:03	0:33	1:03	-	-
	Avondale	19:12	19:21	19:30	19:36	19:51	-	20:06	20:21	-	20:36	20:51	21:06	21:21	21:36	21:51	22:06	22:21	22:36	22:51	23:06	23:36	0:06	0:36	1:06	-	-
	New Lynn	19:16	19:25	19:34	19:40	19:55	-	20:10	20:25	-	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:40	22:55	23:10	23:40	0:10	0:40	1:10	-	-
	Fruitvale Rd	19:18	19:27	19:36	19:42	19:57	-	20:12	20:27	-	20:42	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:42	22:57	23:12	23:42	0:12	0:42	1:12	-	-
	Glen Eden	19:20	19:29	19:38	19:44	19:59	-	20:14	20:29	-	20:44	20:59	21:14	21:29	21:44	21:59	22:14	22:29	22:44	22:59	23:14	23:44	0:14	0:44	1:14	-	-
	Sunnyvale	19:24	19:33	19:42	19:48	20:03	-	20:18	20:33	-	20:48	21:03	21:18	21:33	21:48	22:03	22:18	22:33	22:48	23:03	23:18	23:48	0:18	0:48	1:18	-	-
	Henderson	19:26	19:37	19:46	19:52	20:07	-	20:22	20:37	-	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:52	23:07	23:22	23:52	0:22	0:52	1:22	-	-
	Sturges Rd	-	19:39	19:48	19:54	20:09	-	20:24	20:39	-	20:54	21:09	21:24	21:39	21:54	22:09	22:24	22:39	22:54	23:09	23:24	23:54	0:24	0:54	1:24	-	-
	Rānui	-	19:42	19:51	19:57	20:12	-	20:27	20:42	-	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:42	22:57	23:12	23:27	23:57	0:27	0:57	1:27	-	-
	Swanson	-	19:47	19:54	20:02	20:17	-	20:32	20:47	-	21:02	21:17	21:32	21:47	22:02	22:17	22:32	22:47	23:02	23:17	23:32	0:02	0:32	1:02	1:32	-	-
				Mon–Thu								Fri		Fri		Fri		Fri		Fri		Fri					

Fri Friday only

Mon–Thu Monday to Thursday only

Times without a tab run Monday to Friday

Weekday service frequencies



All day
5am to 8pm

Friday
5am to 10pm

During the day, the East West line averages at least one service every 15 minutes.

At peak times there are more frequent services that bring the average wait time between trains down to seven minutes. This provides more flexibility commuting to school or work.



All evening
8pm to 12am

Friday
10pm to 12am

Past 8pm from Monday to Thursday, trains towards Swanson are reduced in frequency to one train every 30 minutes.

On Fridays and Saturdays, we've got you covered for late night events with extra trains running later.

Airport connection



All week
4:30am to 12:40am

You can travel to Puhinui Station on the East West line or the South City line.

At Puhinui Station, connect to the AirportLink bus, operating every 10 minutes from 4:30am to 12:40am, 7 days a week.

Towards Swanson

Weekend 5:30am to 1:45am

Station						7am to 6:59pm At the following minutes past each hour									Sat		Sat		Sat		Sat				Sat			
Manukau	5:33	6:03	6:18	6:33	6:48	:03	:18	:33	:48	19:03	19:18	19:33	19:48	20:03	20:18	20:33	20:48	21:03	21:18	21:33	21:48	22:03	22:33	23:03	23:33	0:03	0:33	1:03
Puhinui	5:38	6:08	6:23	6:38	6:53	:08	:23	:38	:53	19:08	19:23	19:38	19:53	20:08	20:23	20:38	20:53	21:08	21:23	21:38	21:53	22:08	22:38	23:08	23:38	0:08	0:38	1:08
Papatoetoe	5:40	6:10	6:25	6:40	6:55	:10	:25	:40	:55	19:10	19:25	19:40	19:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:40	23:10	23:40	0:10	0:40	1:10
Middlemore	5:43	6:13	6:28	6:43	6:58	:13	:28	:43	:58	19:13	19:28	19:43	19:58	20:13	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:43	23:13	23:43	0:13	0:43	1:13
Ōtāhuhu	5:46	6:16	6:31	6:46	7:01	:16	:31	:46	:01	19:16	19:31	19:46	20:01	20:16	20:31	20:46	21:01	21:16	21:31	21:46	22:01	22:16	22:46	23:16	23:46	0:16	0:46	1:16
Sylvia Park	5:52	6:22	6:37	6:52	7:07	:22	:37	:52	:07	19:22	19:37	19:52	20:07	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:52	23:22	23:52	0:22	0:52	1:22
Panmure	5:55	6:25	6:40	6:55	7:10	:25	:40	:55	:10	19:25	19:40	19:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:55	23:25	23:55	0:25	0:55	1:25
Glen Innes	5:57	6:27	6:42	6:57	7:12	:27	:42	:57	:12	19:27	19:42	19:57	20:12	20:27	20:42	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:57	23:27	23:57	0:27	0:57	1:27
Meadowbank	6:02	6:32	6:47	7:02	7:17	:32	:47	:02	:17	19:32	19:47	20:02	20:17	20:32	20:47	21:02	21:17	21:32	21:47	22:02	22:17	22:32	23:02	23:32	0:02	0:32	1:02	1:32
Ōrākei	6:04	6:34	6:49	7:04	7:19	:34	:49	:04	:19	19:34	19:49	20:04	20:19	20:34	20:49	21:04	21:19	21:34	21:49	22:04	22:19	22:34	23:04	23:34	0:04	0:34	1:04	1:34
Waitematā	6:12	6:42	6:57	7:12	7:27	:42	:57	:12	:27	19:42	19:57	20:12	20:27	20:42	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:42	23:12	23:42	0:12	0:42	1:11	1:41
Te Waihorotiu	6:15	6:45	7:00	7:15	7:30	:45	:00	:15	:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00	22:15	22:30	22:45	23:15	23:45	0:15	0:45	-	-
Karanga-a-Hape	6:18	6:48	7:03	7:18	7:33	:48	:03	:18	:33	19:48	20:03	20:18	20:33	20:48	21:03	21:18	21:33	21:48	22:03	22:18	22:33	22:48	23:18	23:48	0:18	0:48	-	-
Maungawhau	6:22	6:52	7:07	7:22	7:37	:52	:07	:22	:37	19:52	20:07	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:52	23:22	23:52	0:22	0:52	-	-
Kingsland	6:26	6:56	7:11	7:26	7:41	:56	:11	:26	:41	19:56	20:11	20:26	20:41	20:56	21:11	21:26	21:41	21:56	22:11	22:26	22:41	22:56	23:26	23:56	0:26	0:56	-	-
Morningside	6:28	6:58	7:13	7:28	7:43	:58	:13	:28	:43	19:58	20:13	20:28	20:43	20:58	21:13	21:28	21:43	21:58	22:13	22:28	22:43	22:58	23:28	23:58	0:28	0:58	-	-
Baldwin Ave	6:30	7:00	7:15	7:30	7:45	:00	:15	:30	:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00	22:15	22:30	22:45	23:00	23:30	0:00	0:30	1:00	-	-
Mt Albert	6:33	7:03	7:18	7:33	7:48	:03	:18	:33	:48	20:03	20:18	20:33	20:48	21:03	21:18	21:33	21:48	22:03	22:18	22:33	22:48	23:03	23:33	0:03	0:33	1:03	-	-
Avondale	6:36	7:06	7:21	7:36	7:51	:06	:21	:36	:51	20:06	20:21	20:36	20:51	21:06	21:21	21:36	21:51	22:06	22:21	22:36	22:51	23:06	23:36	0:06	0:36	1:06	-	-
New Lynn	6:40	7:10	7:25	7:40	7:55	:10	:25	:40	:55	20:10	20:25	20:40	20:55	21:10	21:25	21:40	21:55	22:10	22:25	22:40	22:55	23:10	23:40	0:10	0:40	1:10	-	-
Fruitvale Rd	6:42	7:12	7:27	7:42	7:57	:12	:27	:42	:57	20:12	20:27	20:42	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:42	22:57	23:12	23:42	0:12	0:42	1:12	-	-
Glen Eden	6:44	7:14	7:29	7:44	7:59	:14	:29	:44	:59	20:14	20:29	20:44	20:59	21:14	21:29	21:44	21:59	22:14	22:29	22:44	22:59	23:14	23:44	0:14	0:44	1:14	-	-
Sunnyvale	6:48	7:18	7:33	7:48	8:03	:18	:33	:48	:03	20:18	20:33	20:48	21:03	21:18	21:33	21:48	22:03	22:18	22:33	22:48	23:03	23:18	23:48	0:18	0:48	1:18	-	-
Henderson	6:52	7:22	7:37	7:52	8:07	:22	:37	:52	:07	20:22	20:37	20:52	21:07	21:22	21:37	21:52	22:07	22:22	22:37	22:52	23:07	23:22	23:52	0:22	0:52	1:22	-	-
Sturges Rd	6:54	7:24	7:39	7:54	8:09	:24	:39	:54	:09	20:24	20:39	20:54	21:09	21:24	21:39	21:54	22:09	22:24	22:39	22:54	23:09	23:24	23:54	0:24	0:54	1:24	-	-
Rānui	6:57	7:27	7:42	7:57	8:12	:27	:42	:57	:12	20:27	20:42	20:57	21:12	21:27	21:42	21:57	22:12	22:27	22:42	22:57	23:12	23:27	23:57	0:27	0:57	1:27	-	-
Swanson	7:02	7:32	7:47	8:02	8:17	:32	:47	:02	:17	20:32	20:47	21:02	21:17	21:32	21:47	22:02	22:17	22:32	22:47	23:02	23:17	23:32	0:02	0:32	1:02	1:32	-	-
													Sat		Sat		Sat		Sat		Sat			Sat				

City Centre: Waitematā, Te Waihorotiu, Karanga-a-Hape

Sat — Saturday only

Times without a tab run Saturday and Sunday

Weekend service frequencies

Every 15 minutes

All day 6am to 8pm

Saturday 6am to 10pm

During the day, the East West line averages at least one service every 15 minutes.

Every 30 minutes

All evening 8pm to 11:30pm

Saturday 10pm to 11:30pm

Past 8pm, weekend trains towards Swanson are reduced in frequency to one train every 30 minutes.

On Fridays and Saturdays, we've got you covered for late night events with extra trains running later.

Airport connection

Every 10 minutes

All week 4:30am to 12:40am

You can travel to Puhinui Station on the East West line or the South City line.

At Puhinui Station, connect to the AirportLink bus, operating every 10 minutes from 4:30am to 12:40am, 7 days a week.

Getting around the city with the AT network

Everything you need to know to travel across Auckland by train, bus and ferry.

Paying for trains, buses and most ferries
Just 'tag on' when you board and 'tag off' when you exit, using an AT HOP card, or by contactless payment like:

- Debit or credit cards: Visa, Mastercard, American Express, and UnionPay
- Mobile wallets: Apple Pay, Google Pay, and Samsung Pay

Always use the same card or smart device to tag on and off so that you're charged the correct fare. Separate your cards when you tag so the reader scans the right one.

You can always purchase a single-use train ticket from a customer service centre or ticket machine at train stations.

Cash and EFTPOS are not accepted on buses.

For exact fares, use the **AT Mobile app** or visit **at.govt.nz/journeyplanner**.

Accessible travel
All trains have automatic ramps for seamless transition between platform and train. Use the middle carriage of 3-car trains or the second and fifth carriage of 6-car trains.

For more, visit at.govt.nz/trainaccessibility

Assistance dogs
Assistance dogs which are trained (or are in training) to assist a person with a disability may travel on all services at all times without a muzzle.

For more, visit at.govt.nz/disabilityassistdogs

Bicycles on trains
Bikes can be taken on trains if there is enough space for them. Avoid travelling with them during peak hours. Staff will advise you if bikes are permitted at a given time.

Use the middle carriage of 3-car trains or the second and fifth carriage of 6-car trains. Please wait for people with accessibility needs to board first.

For more, visit at.govt.nz/bikesonpt

Pets on public transport
During pet travel times, small pets are welcome in approved pet carriers. Larger dogs must be kept on a leash and be wearing an approved muzzle.

For more, visit at.govt.nz/pets

