Customer service centres

Our friendly staff at the following locations are able to help you with all your questions:

- Karanga-a-Hape Station
- New Lynn Station
- Newmarket Station
- Maungawhau Station
- Panmure Station
- Papakura Station
- Puhinui Station
- Te Waihorotiu Station
- Waitematā Station

Plan your journey

Visit **at.govt.nz/journeyplanner** or download the **AT Mobile app**. Scan the code or call us at **09 366 6400** or **0800 103 080**.

Or visit **nzrelay.co.nz**

Download on the App Store

GET IT ON Google Play

Get in touch

General customer enquiries
(09) 366 6400

6am to 8pm, Monday to Friday
8am to 6:30pm, weekends and public holidays

In an emergency, always dial 111

Lost property
(09) 969 7777

lostproperty@aucklandonerail.co.nz

9am to 5pm, Monday to Friday
Closed on weekends and public holidays

Onehunga West

Train timetable guide



***Disclaimer:** The information in this brochure is true at the time of publication, but is subject to change without notice. All travel is subject to the respective Operator's Condition of Carriage. For clarification on all issues, please contact Auckland Transport.

ATOW_NOV26

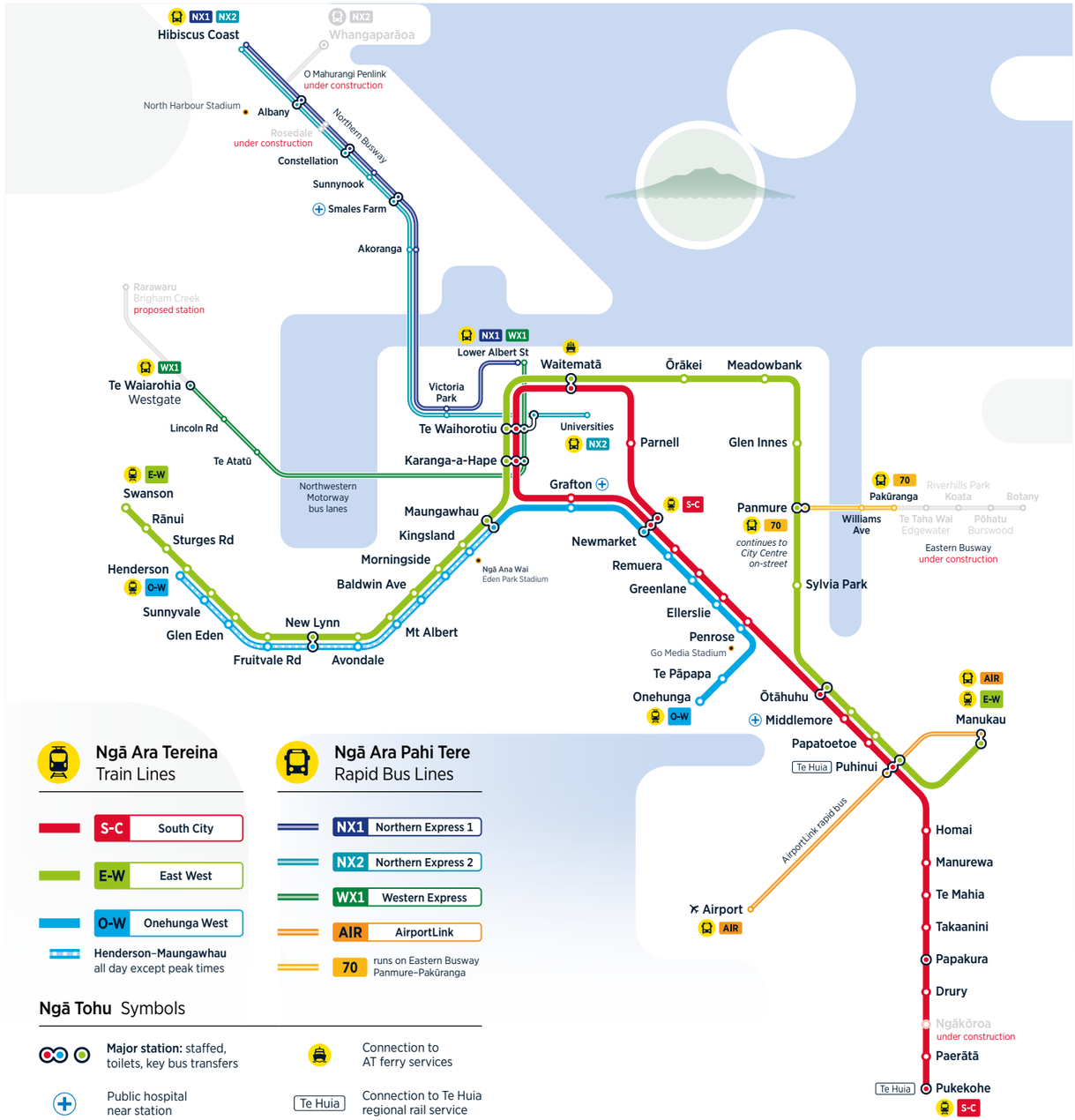
Effective from 22 November 2026

Welcome to Auckland's train network

Rapid transit is a key part of expanding Auckland's public transport network. Our rapid transit routes offer fast, reliable travel by train or bus on dedicated corridors separated from general traffic, connecting with ferries and local buses to get you where you need to go.

Auckland's train network consists of three main lines: East West, South City, and Onehunga West that connect 44 stations, making it easier to get around, reduce travel times, improve access to the city centre and unlock direct journeys across Auckland.





O-W Onehunga West

Every 30 minutes

All week
5:30am to 11:30pm

The Onehunga West line travels between Onehunga and West Auckland via Maungawhau Station.

Onehunga to Maungawhau services run all day. To travel further west during peak times, transfer at Maungawhau to the East West line.

Runs later on Fridays and Saturdays

Maungawhau

Exit here to walk to the summit of Maungawhau / Mount Eden for city views from Auckland's highest volcano.

Newmarket

Stop here for shopping, dining and entertainment.

Travelling into the city centre? You can connect to the South City line here too.

Onehunga

Disembark here and spend the day at Waikaraka Family Speedway, pick up a bargain out shopping or see an exhibition at Gow Langsford Gallery.

Avondale

Head here to find one of Aotearoa's largest and oldest Sunday markets, with goods ranging from fresh produce to second-hand goods.

Henderson

Travel out to spend time at the foot of Waitākere Ranges Regional Park, with plenty of nature trails, streams and walks to discover.

Major Venues

For Go Media Stadium, exit at Penrose Station.

Walk, bike or use connecting services for Eden Park (exit at Kingsland Station) and Spark Arena (exit at Waitematā Station).

Airport

Transfer to the South City line to catch an AirportLink bus from Puhinui Station.

Towards Maungawhau or Henderson 1 of 2

Weekday 5:30am to 1:30am

										10am to 12:59pm At the following minutes past each hour																												Fri			
↓	Onehunga	5:37	6:07	6:37	7:07	7:37	8:07	8:37	9:07	9:37	:07	:37	13:07	13:37	14:07	14:37	15:07	15:37	16:07	16:37	17:07	17:37	18:07	18:37	19:07	19:37	20:07	20:37	21:07	21:37	22:07	22:37	23:07	23:37	0:07	0:37	1:07
	Te Pāpapa	5:40	6:10	6:40	7:10	7:40	8:10	8:40	9:10	9:40	:10	:40	13:10	13:40	14:10	14:40	15:10	15:40	16:10	16:40	17:10	17:40	18:10	18:40	19:10	19:40	20:10	20:40	21:10	21:40	22:10	22:40	23:10	23:40	0:10	0:40	1:10
	Penrose	5:43	6:13	6:43	7:13	7:43	8:13	8:43	9:13	9:43	:13	:43	13:13	13:43	14:13	14:43	15:13	15:43	16:13	16:43	17:13	17:43	18:13	18:43	19:13	19:43	20:13	20:43	21:13	21:43	22:13	22:43	23:13	23:43	0:13	0:43	1:13
	Ellerslie	5:46	6:16	6:46	7:16	7:46	8:16	8:46	9:16	9:46	:16	:46	13:16	13:46	14:16	14:46	15:16	15:46	16:16	16:46	17:16	17:46	18:16	18:46	19:16	19:46	20:16	20:46	21:16	21:46	22:16	22:46	23:16	23:46	0:16	0:46	1:16
	Greenlane	5:49	6:19	6:49	7:19	7:49	8:19	8:49	9:19	9:49	:19	:49	13:19	13:49	14:19	14:49	15:19	15:49	16:19	16:49	17:19	17:49	18:19	18:49	19:19	19:49	20:19	20:49	21:19	21:49	22:19	22:49	23:19	23:49	0:19	0:49	1:19
	Remuera	5:51	6:21	6:51	7:21	7:51	8:21	8:51	9:21	9:51	:21	:51	13:21	13:51	14:21	14:51	15:21	15:51	16:21	16:51	17:21	17:51	18:21	18:51	19:21	19:51	20:21	20:51	21:21	21:51	22:21	22:51	23:21	23:51	0:21	0:51	1:21
	Newmarket	5:54	6:24	6:54	7:24	7:54	8:24	8:54	9:24	9:54	:24	:54	13:24	13:54	14:24	14:54	15:24	15:54	16:24	16:54	17:24	17:54	18:24	18:54	19:24	19:54	20:24	20:54	21:24	21:54	22:24	22:54	23:24	23:54	0:24	0:54	1:23
	Grafton	5:57	6:27	6:57	7:27	7:57	8:27	8:57	9:27	9:57	:27	:57	13:27	13:57	14:27	14:57	15:27	15:57	16:27	16:57	17:27	17:57	18:27	18:57	19:27	19:57	20:27	20:57	21:27	21:57	22:27	22:57	23:27	23:57	0:27	0:57	-
	Maungawhau	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:31	10:01	:31	:01	13:31	14:01	14:31	15:01	15:31	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:31	20:01	20:31	21:01	21:31	22:01	22:31	23:01	23:31	0:01	0:31	1:01	-
	Kingsland	-	-	-	-	-	-	-	9:34	10:04	:34	:04	13:34	14:04	14:34	15:04	15:34	-	-	-	-	-	-	-	19:34	20:04	20:34	21:04	21:34	22:04	22:34	23:04	23:34	0:04	0:34	1:04	-
	Morningside	-	-	-	-	-	-	-	9:36	10:06	:36	:06	13:36	14:06	14:36	15:06	15:36	-	-	-	-	-	-	-	19:36	20:06	20:36	21:06	21:36	22:06	22:36	23:06	23:36	0:06	0:36	1:06	-
	Baldwin Ave	-	-	-	-	-	-	-	9:39	10:09	:39	:09	13:39	14:09	14:39	15:09	15:39	-	-	-	-	-	-	-	19:39	20:09	20:39	21:09	21:39	22:09	22:39	23:09	23:39	0:09	0:39	1:09	-
	Mt Albert	-	-	-	-	-	-	-	9:41	10:11	:41	:11	13:41	14:11	14:41	15:11	15:41	-	-	-	-	-	-	-	19:41	20:11	20:41	21:11	21:41	22:11	22:41	23:11	23:41	0:11	0:41	1:11	-
	Avondale	-	-	-	-	-	-	-	9:44	10:14	:44	:14	13:44	14:14	14:44	15:14	15:44	-	-	-	-	-	-	-	19:44	20:14	20:44	21:14	21:44	22:14	22:44	23:14	23:44	0:14	0:44	1:14	-
	New Lynn	-	-	-	-	-	-	-	9:48	10:18	:48	:18	13:48	14:18	14:48	15:18	15:48	-	-	-	-	-	-	-	19:48	20:18	20:48	21:18	21:48	22:18	22:48	23:18	23:48	0:18	0:48	1:18	-
	Fruitvale Road	-	-	-	-	-	-	-	9:50	10:20	:50	:20	13:50	14:20	14:50	15:20	15:50	-	-	-	-	-	-	-	19:50	20:20	20:50	21:20	21:50	22:20	22:50	23:20	23:50	0:20	0:50	1:20	-
	Glen Eden	-	-	-	-	-	-	-	9:53	10:23	:53	:23	13:53	14:23	14:53	15:23	15:53	-	-	-	-	-	-	-	19:53	20:23	20:53	21:23	21:53	22:23	22:53	23:23	23:53	0:23	0:53	1:23	-
	Sunnyvale	-	-	-	-	-	-	-	9:56	10:26	:56	:26	13:56	14:26	14:56	15:26	15:56	-	-	-	-	-	-	-	19:56	20:26	20:56	21:26	21:56	22:26	22:56	23:26	23:56	0:26	0:56	1:26	-
	Henderson	-	-	-	-	-	-	-	9:58	10:28	:58	:28	13:58	14:28	14:58	15:28	15:58	-	-	-	-	-	-	-	19:58	20:28	20:58	21:28	21:58	22:28	22:58	23:28	23:58	0:28	0:58	1:28	-
																																	Fri				

Maungawhau–Henderson
runs all week except peak times

Fri Friday only

Times without a tab run Monday to Friday

Weekday service frequencies



All day
5:30am to 11:30pm

Seven days a week the Onehunga West line averages at least one service every 30 minutes.

During the week trains between Maungawhau and Henderson Stations don't run at peak times. Catch the East West line as an alternative.

On Fridays and Saturdays, we've got you covered for late night events with extra trains running later.

Weekend 5:30am to 1:30am

Station										10am to 12:59pm At the following minutes past each hour																							Sat			
Onehunga	5:37	6:07	6:37	7:07	7:37	8:07	8:37	9:07	9:37	:07	:37	13:07	13:37	14:07	14:37	15:07	15:37	16:07	16:37	17:07	17:37	18:07	18:37	19:07	19:37	20:07	20:37	21:07	21:37	22:07	22:37	23:07	23:37	0:07	0:37	1:07
Te Pāpapa	5:40	6:10	6:40	7:10	7:40	8:10	8:40	9:10	9:40	:10	:40	13:10	13:40	14:10	14:40	15:10	15:40	16:10	16:40	17:10	17:40	18:10	18:40	19:10	19:40	20:10	20:40	21:10	21:40	22:10	22:40	23:10	23:40	0:10	0:40	1:10
Penrose	5:43	6:13	6:43	7:13	7:43	8:13	8:43	9:13	9:43	:13	:43	13:13	13:43	14:13	14:43	15:13	15:43	16:13	16:43	17:13	17:43	18:13	18:43	19:13	19:43	20:13	20:43	21:13	21:43	22:13	22:43	23:13	23:43	0:13	0:43	1:13
Ellerslie	5:46	6:16	6:46	7:16	7:46	8:16	8:46	9:16	9:46	:16	:46	13:16	13:46	14:16	14:46	15:16	15:46	16:16	16:46	17:16	17:46	18:16	18:46	19:16	19:46	20:16	20:46	21:16	21:46	22:16	22:46	23:16	23:46	0:16	0:46	1:16
Greenlane	5:49	6:19	6:49	7:19	7:49	8:19	8:49	9:19	9:49	:19	:49	13:19	13:49	14:19	14:49	15:19	15:49	16:19	16:49	17:19	17:49	18:19	18:49	19:19	19:49	20:19	20:49	21:19	21:49	22:19	22:49	23:19	23:49	0:19	0:49	1:19
Remuera	5:51	6:21	6:51	7:21	7:51	8:21	8:51	9:21	9:51	:21	:51	13:21	13:51	14:21	14:51	15:21	15:51	16:21	16:51	17:21	17:51	18:21	18:51	19:21	19:51	20:21	20:51	21:21	21:51	22:21	22:51	23:21	23:51	0:21	0:51	1:21
Newmarket	5:54	6:24	6:54	7:24	7:54	8:24	8:54	9:24	9:54	:24	:54	13:24	13:54	14:24	14:54	15:24	15:54	16:24	16:54	17:24	17:54	18:24	18:54	19:24	19:54	20:24	20:54	21:24	21:54	22:24	22:54	23:24	23:54	0:24	0:54	1:23
Grafton	5:57	6:27	6:57	7:27	7:57	8:27	8:57	9:27	9:57	:27	:57	13:27	13:57	14:27	14:57	15:27	15:57	16:27	16:57	17:27	17:57	18:27	18:57	19:27	19:57	20:27	20:57	21:27	21:57	22:27	22:57	23:27	23:57	0:27	0:57	-
Maungawhau	6:01	6:31	7:01	7:31	8:01	8:31	9:01	9:31	10:01	:31	:01	13:31	14:01	14:31	15:01	15:31	16:01	16:31	17:01	17:31	18:01	18:31	19:01	19:31	20:01	20:31	21:01	21:31	22:01	22:31	23:01	23:31	0:01	0:31	1:01	-
Kingsland	6:04	6:34	7:04	7:34	8:04	8:34	9:04	9:34	10:04	:34	:04	13:34	14:04	14:34	15:04	15:34	16:04	16:34	17:04	17:34	18:04	18:34	19:04	19:34	20:04	20:34	21:04	21:34	22:04	22:34	23:04	23:34	0:04	0:34	1:04	-
Morningside	6:06	6:36	7:06	7:36	8:06	8:36	9:06	9:36	10:06	:36	:06	13:36	14:06	14:36	15:06	15:36	16:06	16:36	17:06	17:36	18:06	18:36	19:06	19:36	20:06	20:36	21:06	21:36	22:06	22:36	23:06	23:36	0:06	0:36	1:06	-
Baldwin Ave	6:09	6:39	7:09	7:39	8:09	8:39	9:09	9:39	10:09	:39	:09	13:39	14:09	14:39	15:09	15:39	16:09	16:39	17:09	17:39	18:09	18:39	19:09	19:39	20:09	20:39	21:09	21:39	22:09	22:39	23:09	23:39	0:09	0:39	1:09	-
Mt Albert	6:11	6:41	7:11	7:41	8:11	8:41	9:11	9:41	10:11	:41	:11	13:41	14:11	14:41	15:11	15:41	16:11	16:41	17:11	17:41	18:11	18:41	19:11	19:41	20:11	20:41	21:11	21:41	22:11	22:41	23:11	23:41	0:11	0:41	1:11	-
Avondale	6:14	6:44	7:14	7:44	8:14	8:44	9:14	9:44	10:14	:44	:14	13:44	14:14	14:44	15:14	15:44	16:14	16:44	17:14	17:44	18:14	18:44	19:14	19:44	20:14	20:44	21:14	21:44	22:14	22:44	23:14	23:44	0:14	0:44	1:14	-
New Lynn	6:18	6:48	7:18	7:48	8:18	8:48	9:18	9:48	10:18	:48	:18	13:48	14:18	14:48	15:18	15:48	16:18	16:48	17:18	17:48	18:18	18:48	19:18	19:48	20:18	20:48	21:18	21:48	22:18	22:48	23:18	23:48	0:18	0:48	1:18	-
Fruitvale Road	6:20	6:50	7:20	7:50	8:20	8:50	9:20	9:50	10:20	:50	:20	13:50	14:20	14:50	15:20	15:50	16:20	16:50	17:20	17:50	18:20	18:50	19:20	19:50	20:20	20:50	21:20	21:50	22:20	22:50	23:20	23:50	0:20	0:50	1:20	-
Glen Eden	6:23	6:53	7:23	7:53	8:23	8:53	9:23	9:53	10:23	:53	:23	13:53	14:23	14:53	15:23	15:53	16:23	16:53	17:23	17:53	18:23	18:53	19:23	19:53	20:23	20:53	21:23	21:53	22:23	22:53	23:23	23:53	0:23	0:53	1:23	-
Sunnyvale	6:26	6:56	7:26	7:56	8:26	8:56	9:26	9:56	10:26	:56	:26	13:56	14:26	14:56	15:26	15:56	16:26	16:56	17:26	17:56	18:26	18:56	19:26	19:56	20:26	20:56	21:26	21:56	22:26	22:56	23:26	23:56	0:26	0:56	1:26	-
Henderson	6:28	6:58	7:28	7:58	8:28	8:58	9:28	9:58	10:28	:58	:28	13:58	14:28	14:58	15:28	15:58	16:28	16:58	17:28	17:58	18:28	18:58	19:28	19:58	20:28	20:58	21:28	21:58	22:28	22:58	23:28	23:58	0:28	0:58	1:28	-
																																Sat				

Sat Saturday only

Times without a tab run Saturday and Sunday

Weekend service frequencies



All day
5:30am to 11:30pm

Seven days a week the Onehunga West line averages at least one service every 30 minutes.

On Fridays and Saturdays, we've got you covered for late night events with extra trains running later.

Towards Onehunga 1 of 2

Weekday 5:30am to 1:15am

												10am to 12:59pm At the following minutes past each hour																								Fri			
↓	Henderson	-	-	-	-	-	-	-	-	9:11	9:41	:11	:41	13:11	13:41	14:11	14:41	15:11	-	-	-	-	-	-	-	19:11	19:41	20:11	20:41	21:11	21:41	21:11	22:41	23:11	23:41	0:11	0:41
	Sunnyvale	-	-	-	-	-	-	-	-	9:13	9:43	:13	:43	13:13	13:43	14:13	14:43	15:13	-	-	-	-	-	-	-	19:13	19:43	20:13	20:43	21:13	21:43	21:13	22:43	23:13	23:43	0:13	0:43
	Glen Eden	-	-	-	-	-	-	-	-	9:17	9:47	:17	:47	13:17	13:47	14:17	14:47	15:17	-	-	-	-	-	-	-	19:17	19:47	20:17	20:47	21:17	21:47	21:17	22:47	23:17	23:47	0:17	0:47
	Fruitvale Road	-	-	-	-	-	-	-	-	9:19	9:49	:19	:49	13:19	13:49	14:19	14:49	15:19	-	-	-	-	-	-	-	19:19	19:49	20:19	20:49	21:19	21:49	21:19	22:49	23:19	23:49	0:19	0:49
	New Lynn	-	-	-	-	-	-	-	-	9:21	9:51	:21	:51	13:21	13:51	14:21	14:51	15:21	-	-	-	-	-	-	-	19:21	19:51	20:21	20:51	21:21	21:51	21:21	22:51	23:21	23:51	0:21	0:51
	Avondale	-	-	-	-	-	-	-	-	9:25	9:55	:25	:55	13:25	13:55	14:25	14:55	15:25	-	-	-	-	-	-	-	19:25	19:55	20:25	20:55	21:25	21:55	21:25	22:55	23:25	23:55	0:25	0:55
	Mt Albert	-	-	-	-	-	-	-	-	9:29	9:59	:29	:59	13:29	13:59	14:29	14:59	15:29	-	-	-	-	-	-	-	19:29	19:59	20:29	20:59	21:29	21:59	21:29	22:59	23:29	23:59	0:29	0:59
	Baldwin Ave	-	-	-	-	-	-	-	-	9:31	10:01	:31	:01	13:31	14:01	14:31	15:01	15:31	-	-	-	-	-	-	-	19:31	20:01	20:31	21:01	21:31	22:01	21:31	23:01	23:31	0:01	0:31	1:01
	Morningside	-	-	-	-	-	-	-	-	9:33	10:03	:33	:03	13:33	14:03	14:33	15:03	15:33	-	-	-	-	-	-	-	19:33	20:03	20:33	21:03	21:33	22:03	21:33	23:03	23:33	0:03	0:33	1:03
	Kingsland	-	-	-	-	-	-	-	-	9:36	10:06	:36	:06	13:36	14:06	14:36	15:06	15:36	-	-	-	-	-	-	-	19:36	20:06	20:36	21:06	21:36	22:06	21:36	23:06	23:36	0:06	0:36	1:06
	Maungawhau	5:40	6:10	6:40	7:10	7:40	8:10	8:40	9:10	9:39	10:09	:39	:09	13:39	14:09	14:39	15:09	15:39	16:10	16:40	17:10	17:40	18:10	18:40	19:10	19:39	20:09	20:39	21:09	21:39	22:09	21:39	23:09	23:39	0:09	0:39	1:09
	Grafton	5:42	6:12	6:42	7:12	7:42	8:12	8:42	9:12	9:41	10:11	:41	:11	13:41	14:11	14:41	15:11	15:41	16:12	16:42	17:12	17:42	18:12	18:42	19:12	19:41	20:11	20:41	21:11	21:41	22:11	21:41	23:11	23:41	0:11	0:41	1:11
	Newmarket	5:45	6:15	6:45	7:15	7:45	8:15	8:45	9:15	9:44	10:14	:44	:14	13:44	14:14	14:44	15:14	15:44	16:15	16:45	17:15	17:45	18:15	18:45	19:15	19:44	20:14	20:44	21:14	21:44	22:14	21:44	23:14	23:44	0:14	0:44	1:13
	Remuera	5:47	6:17	6:47	7:17	7:47	8:17	8:47	9:17	9:47	10:17	:47	:17	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:47	18:17	18:47	19:17	19:47	20:17	20:47	21:17	21:47	22:17	21:47	23:17	23:47	0:17	0:47	-
	Greenlane	5:50	6:20	6:50	7:20	7:50	8:20	8:50	9:20	9:49	10:19	:49	:19	13:49	14:19	14:49	15:19	15:49	16:20	16:50	17:20	17:50	18:20	18:50	19:20	19:49	20:19	20:49	21:19	21:49	22:19	21:49	23:19	23:49	0:19	0:49	-
	Ellerslie	5:52	6:22	6:52	7:22	7:52	8:22	8:52	9:22	9:52	10:22	:52	:22	13:52	14:22	14:52	15:22	15:52	16:22	16:52	17:22	17:52	18:22	18:52	19:22	19:52	20:22	20:52	21:22	21:52	22:22	21:52	23:22	23:52	0:22	0:52	-
	Penrose	5:56	6:26	6:56	7:26	7:56	8:26	8:56	9:26	9:55	10:25	:55	:25	13:55	14:25	14:55	15:25	15:55	16:26	16:56	17:26	17:56	18:26	18:56	19:26	19:55	20:25	20:55	21:25	21:55	22:25	21:55	23:25	23:55	0:25	0:55	-
	Te Pāpapa	5:59	6:29	6:59	7:29	7:59	8:29	8:59	9:29	9:59	10:29	:59	:29	13:59	14:29	14:59	15:29	15:59	16:29	16:59	17:29	17:59	18:29	18:59	19:29	19:59	20:29	20:59	21:29	21:59	22:29	21:59	23:29	23:59	0:29	0:59	-
	Onehunga	6:01	6:31	7:01	7:31	8:01	8:31	9:01	9:31	10:01	10:31	:01	:31	14:01	14:31	15:01	15:31	16:01	16:31	17:01	17:31	18:01	18:31	19:01	19:31	20:01	20:31	21:01	21:31	22:01	22:31	22:01	23:31	0:01	0:31	1:01	-
																																	Fri				

Maungawhau–Henderson
runs all week except peak times

Fri Friday only

Times without a tab run Monday to Friday

Weekday service frequencies



All day
5:30am to 11:30pm

Seven days a week the Onehunga West line averages at least one service every 30 minutes.

During the week trains between Henderson and Maungawhau Stations don't run at peak times. Catch the East West line as an alternative.

On Fridays and Saturdays, we've got you covered for late night events with extra trains running later.

Weekend 5:30am to 1:15am

											10am to 12:59pm At the following minutes past each hour																						Sat			
Henderson	-	5:41	6:11	6:41	7:11	7:41	8:11	8:41	9:11	9:41	:11	:41	13:11	13:41	14:11	14:41	15:11	15:41	16:11	16:41	17:11	17:41	18:11	18:41	19:11	19:41	20:11	20:41	21:11	21:41	22:11	22:41	23:11	23:41	0:11	0:41
Sunnyvale	-	5:43	6:13	6:43	7:13	7:43	8:13	8:43	9:13	9:43	:13	:43	13:13	13:43	14:13	14:43	15:13	15:43	16:13	16:43	17:13	17:43	18:13	18:43	19:13	19:43	20:13	20:43	21:13	21:43	22:13	22:43	23:13	23:43	0:13	0:43
Glen Eden	-	5:47	6:17	6:47	7:17	7:47	8:17	8:47	9:17	9:47	:17	:47	13:17	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:47	18:17	18:47	19:17	19:47	20:17	20:47	21:17	21:47	22:17	22:47	23:17	23:47	0:17	0:47
Fruitvale Road	-	5:49	6:19	6:49	7:19	7:49	8:19	8:49	9:19	9:49	:19	:49	13:19	13:49	14:19	14:49	15:19	15:49	16:19	16:49	17:19	17:49	18:19	18:49	19:19	19:49	20:19	20:49	21:19	21:49	22:19	22:49	23:19	23:49	0:19	0:49
New Lynn	-	5:51	6:21	6:51	7:21	7:51	8:21	8:51	9:21	9:51	:21	:51	13:21	13:51	14:21	14:51	15:21	15:51	16:21	16:51	17:21	17:51	18:21	18:51	19:21	19:51	20:21	20:51	21:21	21:51	22:21	22:51	23:21	23:51	0:21	0:51
Avondale	-	5:55	6:25	6:55	7:25	7:55	8:25	8:55	9:25	9:55	:25	:55	13:25	13:55	14:25	14:55	15:25	15:55	16:25	16:55	17:25	17:55	18:25	18:55	19:25	19:55	20:25	20:55	21:25	21:55	22:25	22:55	23:25	23:55	0:25	0:55
Mt Albert	-	5:59	6:29	6:59	7:29	7:59	8:29	8:59	9:29	9:59	:29	:59	13:29	13:59	14:29	14:59	15:29	15:59	16:29	16:59	17:29	17:59	18:29	18:59	19:29	19:59	20:29	20:59	21:29	21:59	22:29	22:59	23:29	23:59	0:29	0:59
Baldwin Ave	-	6:01	6:31	7:01	7:31	8:01	8:31	9:01	9:31	10:01	:31	:01	13:31	14:01	14:31	15:01	15:31	16:01	16:31	17:01	17:31	18:01	18:31	19:01	19:31	20:01	20:31	21:01	21:31	22:01	22:31	23:01	23:31	0:01	0:31	1:01
Morningside	-	6:03	6:33	7:03	7:33	8:03	8:33	9:03	9:33	10:03	:33	:03	13:33	14:03	14:33	15:03	15:33	16:03	16:33	17:03	17:33	18:03	18:33	19:03	19:33	20:03	20:33	21:03	21:33	22:03	22:33	23:03	23:33	0:03	0:33	1:03
Kingsland	-	6:06	6:36	7:06	7:36	8:06	8:36	9:06	9:36	10:06	:36	:06	13:36	14:06	14:36	15:06	15:36	16:06	16:36	17:06	17:36	18:06	18:36	19:06	19:36	20:06	20:36	21:06	21:36	22:06	22:36	23:06	23:36	0:06	0:36	1:06
Maungawhau	-	6:09	6:39	7:09	7:39	8:09	8:39	9:09	9:39	10:09	:39	:09	13:39	14:09	14:39	15:09	15:39	16:09	16:39	17:09	17:39	18:09	18:39	19:09	19:39	20:09	20:39	21:09	21:39	22:09	22:39	23:09	23:39	0:09	0:39	1:09
Grafton	-	6:11	6:41	7:11	7:41	8:11	8:41	9:11	9:41	10:11	:41	:11	13:41	14:11	14:41	15:11	15:41	16:11	16:41	17:11	17:41	18:11	18:41	19:11	19:41	20:11	20:41	21:11	21:41	22:11	22:41	23:11	23:41	0:11	0:41	1:11
Newmarket	5:44	6:14	6:44	7:14	7:44	8:14	8:44	9:14	9:44	10:14	:44	:14	13:44	14:14	14:44	15:14	15:44	16:14	16:44	17:14	17:44	18:14	18:44	19:14	19:44	20:14	20:44	21:14	21:44	22:14	22:44	23:14	23:44	0:14	0:44	1:13
Remuera	5:47	6:17	6:47	7:17	7:47	8:17	8:47	9:17	9:47	10:17	:47	:17	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:47	18:17	18:47	19:17	19:47	20:17	20:47	21:17	21:47	22:17	22:47	23:17	23:47	0:17	0:47	-
Greenlane	5:49	6:19	6:49	7:19	7:49	8:19	8:49	9:19	9:49	10:19	:49	:19	13:49	14:19	14:49	15:19	15:49	16:19	16:49	17:19	17:49	18:19	18:49	19:19	19:49	20:19	20:49	21:19	21:49	22:19	22:49	23:19	23:49	0:19	0:49	-
Ellerslie	5:52	6:22	6:52	7:22	7:52	8:22	8:52	9:22	9:52	10:22	:52	:22	13:52	14:22	14:52	15:22	15:52	16:22	16:52	17:22	17:52	18:22	18:52	19:22	19:52	20:22	20:52	21:22	21:52	22:22	22:52	23:22	23:52	0:22	0:52	-
Penrose	5:55	6:25	6:55	7:25	7:55	8:25	8:55	9:25	9:55	10:25	:55	:25	13:55	14:25	14:55	15:25	15:55	16:25	16:55	17:25	17:55	18:25	18:55	19:25	19:55	20:25	20:55	21:25	21:55	22:25	22:55	23:25	23:55	0:25	0:55	-
Te Pāpapa	5:59	6:29	6:59	7:29	7:59	8:29	8:59	9:29	9:59	10:29	:59	:29	13:59	14:29	14:59	15:29	15:59	16:29	16:59	17:29	17:59	18:29	18:59	19:29	19:59	20:29	20:59	21:29	21:59	22:29	22:59	23:29	23:59	0:29	0:59	-
Onehunga	6:01	6:31	7:01	7:31	8:01	8:31	9:01	9:31	10:01	10:31	:01	:31	14:01	14:31	15:01	15:31	16:01	16:31	17:01	17:31	18:01	18:31	19:01	19:31	20:01	20:31	21:01	21:31	22:01	22:31	23:01	23:31	0:01	0:31	1:01	-
																																Sat				

Sat Saturday only

Times without a tab run Saturday and Sunday

Weekend service frequencies



All day
5:45am to 11pm

Seven days a week the Onehunga West line averages at least one service every 30 minutes.

On Fridays and Saturdays, we've got you covered for late night events with extra trains running later.

Getting around the city with the AT network

Everything you need to know to travel across Auckland by train, bus and ferry.

Paying for trains, buses and most ferries
Just 'tag on' when you board and 'tag off' when you exit, using an AT HOP card, or by contactless payment like:

- Debit or credit cards: Visa, Mastercard, American Express, and UnionPay
- Mobile wallets: Apple Pay, Google Pay, and Samsung Pay

Always use the same card or smart device to tag on and off so that you're charged the correct fare. Separate your cards when you tag so the reader scans the right one.

You can always purchase a single-use train ticket from a customer service centre or ticket machine at train stations.

Cash and EFTPOS are not accepted on buses.

For exact fares, use the **AT Mobile app** or visit **at.govt.nz/journeyplanner**.

Accessible travel
All trains have automatic ramps for seamless transition between platform and train. Use the middle carriage of 3-car trains or the second and fifth carriage of 6-car trains.

For more, visit at.govt.nz/trainaccessibility

Assistance dogs
Assistance dogs which are trained (or are in training) to assist a person with a disability may travel on all services at all times without a muzzle.

For more, visit at.govt.nz/disabilityassistdogs

Bicycles on trains
Bikes can be taken on trains if there is enough space for them. Avoid travelling with them during peak hours. Staff will advise you if bikes are permitted at a given time.

Use the middle carriage of 3-car trains or the second and fifth carriage of 6-car trains. Please wait for people with accessibility needs to board first.

For more, visit at.govt.nz/bikesonpt

Pets on public transport
During pet travel times, small pets are welcome in approved pet carriers. Larger dogs must be kept on a leash and be wearing an approved muzzle.

For more, visit at.govt.nz/pets

